



**2011** Men's Track and Field Media Guide

**Augustana  
Vikings**

# Augustana College | Rock Island, Illinois

**Founded** 1860

**Enrollment** 2,500

**President** Steven Bahls

**Faculty Athletic Representative** Dr. Craig VanSandt,  
Professor of Business Administration

**Athletic Director** Mike Zapolski

**Head Coach** Paul Olsen

**Olsen's Office Phone** (309) 794-7257

**Olsen's Home Phone** (563) 359-0702

**Olsen's e-mail** peolsen@augustana.edu

**Assistant Coaches** Chad Thomas, Doug Sand, David Gonzalez, Luke  
Cooley, Mike Pettis, Ron Standley, Enyo Dewith, & John Furlong

**Sports Information Director** Dave Wrath

**S.I.D. Office Phone** (309) 794-7265

**S.I.D. Cell Phone** (309) 737-5306

**S.I.D. Fax Number** (309) 794-752

**Head Athletic Trainer** Rochel Rittgers

**Assistant Athletic Trainers** Denise Yoder & Anna Smith

**Training Room Phone** (309) 794-7518

**Conference** College Conference of Illinois & Wisconsin

**CCIW Teams** Augustana; Carthage; Elmhurst; Illinois Wesleyan;  
Millikin; North Central; North Park; Wheaton

**National Affiliation** NCAA Division III

**Team Name** Vikings

**Colors** Blue & Gold

**Home Games** Carver PE Center - 1971 (3,000 capacity)

**Athletic Department Phone** (309) 794-7521

**Admissions Department** (309) 794-7341

**Toll Free Number** (800) 798-8100

**Website** www.augustana.edu

## About Augustana College

Known for its balance of liberal arts with focus in a major field, collaborative research opportunities, competitive athletic teams and award-winning student activities programs, Augustana College is a selective independent college of the liberal arts and sciences related to the Evangelical Lutheran Church in America. The college enrolls approximately 2,500 men and women of diverse ethnic, religious and social backgrounds, from across the United States and around the world.

Augustana's athletic teams have won more championships than any other school in the College Conference of Illinois & Wisconsin. The Vikings own a total of 174 total team championships (136 men and 38 women) since the league began in 1946-47. Augustana is currently sixth in the nation in number of CoSIDA (College Sports Information Directors of America) Academic All-Americans produced in all sports with 134 as of June, 2010. During the 1990's the Vikings finished third, trailing only Nebraska and M.I.T.

Home to a Phi Beta Kappa academic honor society chapter since 1949, Augustana grants baccalaureate degrees in more than 70 areas of study. Along with a competitive athletic environment, student-athletes can join one or several of the school's 150 student organizations or take advantage of Augustana's wide variety of opportunities for international study. Augustana has a student-faculty ratio of 11:1, and nearly 90 percent of the faculty hold the Ph.D. or the terminal degree in their field.



*The following mission statement guides Augustana's liberal arts curriculum and student programs.*

**Augustana College, rooted in the liberal arts and sciences and a Lutheran expression of the Christian faith, is committed to offering a challenging education that develops qualities of mind, spirit and body necessary for a rewarding life of leadership and service in a diverse and changing world.**

*These goals and ideals also are reflected in the mission statement of the athletic department:*

**The Department of Athletics offers all Augustana College students an opportunity toward the development of the total person. Working in a cooperative and active learning environment and dedicated to imparting a lifelong awareness of health and wellness our department assists students in the acquisition of dynamic skills knowledge and fitness.**

**We value dignity, respect, diversity, accountability, communication and teamwork: and challenge each participant to achieve a sense of self confidence, pride, team unity, success, and cohesiveness through competitive sport. Our programs support the mission of Augustana College by cultivating the individual in all facets of life within and without the competitive arena.**

## Where to find Augustana sports news

Information on the Augustana College athletic department is easy to find. Augustana Sports Information Director Dave Wrath maintains the schedules and press releases on the college's athletic department web page. It can be accessed at [www.augustana.edu](http://www.augustana.edu). Also, you may e-mail Dave Wrath at [davewrath@augustana.edu](mailto:davewrath@augustana.edu). The office phone number for sports information is (309) 794-7265.

The 2011 Augustana men's track and field media guide is presented as a service to all news media and friends of Augustana. The media guides are written and edited by Augustana Sports Information Director Dave Wrath. Photos in the media guide were taken by either Steve Woltmann, Robin Cooley, or Brandon Gittelman. Additional stories and pictures will be furnished upon request.





## HEAD COACH PAUL OLSEN

The name Paul Olsen has become synonymous with Augustana cross country and track & field and with good reason. The energetic and enthusiastic mentor has been producing winning teams and individuals since the mid 1960's and he shows no signs of slowing down. He took over the head cross country coaching position in 1966 and he assumed the reigns of the track & field program in 1969. He completed his 44th year as the head cross country coach and his 42nd season as the head coach in track & field heading into the 2010-11 school year.

Through it all, success has been his constant companion, no matter whether the sport is cross country or track & field. In those 44 cross country seasons he has led the Vikings into the NCAA national meet a total of 24 times, including appearances in the last two of the last three years (15th in 2007 and 21st in 2008). Ten times during his illustrious career his teams have been in the top 10 in the nation and his 1980 unit placed second, just four points shy of a national title.

Augustana has won two College Conference of Illinois & Wisconsin cross country titles in the school's history and both have come under Olsen. The Vikings have placed second 27 times under his tutelage including 17 times in the last 22 years. Only twice during the last 44 years have his teams finished as low as fourth in the conference. Five individual Augustana runners have won a total of seven league titles and in national competition the Vikings have garnered 23 All-America certificates and three individual national titles.

He has served as meet director of the NCAA Division III national meet five times and his team has hosted the Midwest Regional 20 times since 1979. In 1996 and 2001 the Vikings hosted both the NCAA Midwest Regional and the NCAA Division III national meet.

His track & field resume is just as impressive as he has led Augustana to 12 CCIW titles and 35 runner-up finishes, 28 in the outdoor meet and seven during the indoor championships. In the spring of 2010 the Vikings won the CCIW title for the second time in three years and finished the year ranked third in the NCAA Division III "Power Rankings". In addition, Olsen was named the NCAA Division III Midwest Region's "Coach of the Year" by the United States Track & Field and Cross Country Coaches Association.

A total of 199 individuals and 23 relay teams have won league titles during Olsen's tenure in outdoor track and 23 individuals and six relay teams have claimed indoor championships, giving him an all-time total of 222 individual CCIW champs and 29 relay winners.

He has also coached a total of 155 NCAA Division III All-America selections in both indoor and outdoor track and 22 times Viking athletes have won individual national championships. The Blue and Gold has placed in the top 10 in the national meet 16 times including second place finishes in 1975 and 1981. In 2007 his team was eighth in the outdoor national championships.

He was inducted into the Illinois Track & Field Coaches Association "Hall of Fame" in January of 2004 and went into the Augustana "Tribe of Vikings Hall of Fame" in October of 2005.

A native of Onamia, Minnesota, Olsen came to Augustana after a teaching and coaching stint at Lincoln High School in Manitowoc, Wisconsin. During his first couple of years at Augustana he served as an assistant in both football and basketball before assuming full time duties in track and cross country.

Olsen is a man of many talents and interests. As a professor in the English Department at Augustana, Olsen ranks as one of the most popular teachers in the entire school with his classes in Black Literature and the Sacred and Profane consistently filled to capacity. In 1989 Olsen was one of just 120 teachers nationwide who were honored at the American Association for Higher Education convention in Chicago. He was the only Augustana faculty member named to the elite group. He has been selected by the seniors at Augustana to give the final lecture 10 times during his career. At one time he used to perform a one-person play entitled "Pilgrimage with Poets" that was highly acclaimed.

Olsen is a graduate of Luther College in Decorah, Iowa, where he was captain of the track team and a starter for the football team as a defensive back. He holds an M.A. and Ph.D. in English Literature from the University of Oregon. He resides in Bettendorf, Iowa with his wife Jeanne. The couple have a pair of sons - David, who is a former United States Navy S.E.A.L. and Eric, who is an actor and a student at Pepperdine University. Eric has appeared in several movies, including "Pearl Harbor", "Not Another Teen Movie" and "Arthur's Quest", and television shows, such as "ER", "Smallville" and "Get Real".



## THE PAUL OLSEN RECORD AT AUGUSTANA

YEAR	CROSS COUNTRY			TRACK & FIELD			NCAA INDOOR	NCAA OUTDOOR
	DUAL MEETS	CCIW	NCAA	DUAL MEETS	CCIW INDOOR	CCIW OUTDOOR		
1966-67	7-5	3rd						
1967-68	6-1	2nd	17th					
1968-69	4-4	4th	-----	2-5		1st		35th
1969-70	4-2	1st	19th	4-2		1st		-----
1970-71	6-1	1st	12th	4-1		2nd		-----
1971-72	2-1	3rd	9th	4-0		1st		-----
1972-73	3-3	3rd	10th	6-1		1st		40th
1973-74	4-1-1	3rd	6th	4-0		1st		6th
1974-75	2-3	2nd	5th	1-1		2nd		2nd
1975-76	2-4	3rd	17th	2-2		2nd		25th
1976-77	3-3	2nd	14th	3-1		2nd		16th
1977-78	4-2	2nd	22nd	4-0		2nd		19th
1978-79	2-4	2nd	-----	5-0		2nd		34th
1979-80	0-4	2nd	4th	5-0		1st		4th
1980-81	0-1-1	2nd	2nd	4-1		1st		2nd
1981-82	0-4	2nd	17th	1-0		1st		10th
1982-83	1-1	2nd	-----	1-0		1st		20th
1983-84	1-0	2nd	-----	1-0		1st		10th
1984-85	1-1	3rd	9th	0-1		2nd		-----
1985-86	1-1	4th	-----	2-1		2nd		42nd
1986-87	3-0	2nd	8th	0-1		2nd		41st
1987-88	1-1	3rd	-----	1-0		2nd		61st
1988-89	2-4	2nd	19th	0-0		2nd		52nd
1989-90	0-2	2nd	11th	0-0		2nd		22nd
1990-91	0-1	2nd	11th	0-0		2nd		32nd
1991-92	4-2	2nd	11th	0-0		2nd		7th
1992-93	3-0	2nd	5th	0-0		2nd		9th
1993-94	1-0	2nd	9th	0-0		2nd		8th
1994-95	0-0	2nd	-----	0-0		2nd	6th	5th
1995-96	1-0	2nd	-----	2-0		2nd	10th	4th
1996-97	0-0	2nd	10th	0-0		2nd	10th	-----
1997-98	0-0	2nd	-----	0-1		2nd	6th	22nd
1998-99	0-0	3rd	-----	0-1		2nd	-----	56th
1999-00	0-0	3rd	-----	0-1		2nd	27th	56th
2000-01	0-0	3rd	-----	0-1	2nd	3rd	30th	62nd
2001-02	1-0	3rd	-----	0-1	3rd	2nd	-----	-----
2002-03	0-0	2nd	-----	0-1	3rd	2nd	-----	56th
2003-04	0-0	2nd	-----	0-0	2nd	2nd	-----	-----
2004-05	0-0	2nd	-----	0-0	4th	3rd	-----	39th
2005-06	0-0	3rd	-----	0-0	2nd	2nd	26th	18th
2006-07	0-0	2nd	-----	0-0	2nd	2nd	45th	8th
2007-08	0-0	2nd	15th	0-0	2nd	1st	46th	16th
2008-09	0-0	2nd	21st	2-0	2nd	2nd	11th	44th
2009-10	0-0	2nd	-----	0-0	2nd	1st	55th	38th
2010-11	0-0	2nd	-----					

# THE VIKINGS ASSISTANTS



## ENYO DEWITH - SPRINTS

Dewith, a 1976 graduate of Augustana, is one of the Vikings all-time great sprinters. A team captain in 1975 and a seven time CCIW champion, DeWith held the school record in the open 440 (48.2) and the mile relay (3:14.1). A fireman with the city of Rock Island, DeWith has a degree in studio art and was an NCAA Division III

All-American selection in 1974.



## DOUG SAND - DISTANCE

Sand is a former CCIW champion in the 800 who graduated from Augustana in 1985 with a degree in journalism. During the fall he serves as the assistant coach for the Vikings men's cross country team. He was an NCAA Division III national meet qualifier as a member of the mile relay team. He is currently supervisor of

the technical writing department at JTM Concepts here in Rock Island.



## CHAD THOMAS - POLE VAULTERS

Thomas was a five time NCAA Division III national champion in the pole vault while attending Muskingum University during the early 1990's. He is currently a chiropractor in the Quad Cities area and he is the top consultant for high school pole vaulters.



## LUKE COOLEY - SPRINTS

Cooley graduated from Augustana in 2000 with degrees in Management Information Systems and Management. He was a two time varsity letterwinner in track as a 200 and 400 meter runner. In 2000 he was voted 'Most Improved' runner. Currently employed as an information systems analyst at Modern Woodmen of America here in the Quad Cities.



## MIKE PETTIS - HURDLES

Mike Pettis will begin his second year on the Augustana men's track & field coaching staff. A 2009 graduate of Augustana with degrees in business administration and speech communications. He was a four year letterwinner for the Vikings as a hurdler. Pettis is a native of Davenport, Iowa where he was a standout performer

at Davenport Assumption High School. He currently works as an admissions counselor at Augustana.



## DAVID GONZALEZ - THROWERS

A former school and CCIW record holder, David Gonzales will be working with the throwers. A 2003 graduate of Augustana, Gonzales held the school record in the hammer throw outdoors and weight toss indoors. He won three straight indoor conference titles in the 35 pound weight toss and took the shot put title

outdoors in 2003, his senior year. He has the ninth longest discus throw in school history and he once held the conference record in the weight toss indoors.



## RON STANDLEY - JUMPS

Ron Standley, longtime fixture in the Augustana athletic department, will help out the men's track & field program in a variety of ways this spring. Standley will coach the horizontal jumps and the multi-event athletes.

Standley is currently the head women's golf coach at Augustana and he was the co-head coach of the women's track & field team for a decade in the 1990's when the Vikings won 10 straight CCIW titles. He has helped in various aspects of both the men's and women's track & field programs ever since. A retired engineer, he worked for both Missman-Stanley & Associates and Rock Island County.



## JOHN FURLONG - RECRUITING COORDINATOR

John Furlong is in his seventh year as men's track and field recruiting coordinator. Furlong, who at one time was both the head baseball and football coach at St. Ambrose University in Davenport, Iowa, has been a fixture at Augustana since 1990. He coached the defensive

backs and was the recruiting coordinator for the football team from 1993 until 2003. He is also the junior varsity baseball coach. Furlong is a graduate of Central College in Pella, Iowa and during his eight year stint as the head football coach at St. Ambrose he had the Fighting Bees in the NAIA playoffs three times.

## 2011 AUGUSTANA VIKINGS MEN'S TRACK & FIELD ROSTER

Name	Event	Yr.	Hometown (High School)
Jacob Adams	Distance	So	Palos Heights, Ill./Stagg
Jesse Alexander	Sprints	Fr	Cedar Falls, Iowa/HS
Andrew Allabastro	Middle Distance	Fr	LaGrange, Ill./Lyons Township
Curtis Allbaugh	Middle Distance	Fr	Ferryville, Wis./North Crawford
Don Anciaux**	Decathlon	Sr	Iowa City, Iowa/City High
Luke Anderson	Javelin	So	Lemont, Ill./HS
Mike Anderson	Javelin	So	Spring Grove, Ill./Richmond-Burton
James Annunziata	Sprints	Jr	Lombard, Ill./Willowbrook
Brett Becker*	Sprints/Jumps	So	Cuba City, Wis./HS
Tanner Benning	400	Fr	Hampton, Iowa/Hampton-Dumont
Brian Benning*	Throws	Jr	Winnebago, Ill./HS
Brett Bernatowicz	Pole Vault	Jr	Downers Grove, Ill./North
Ryan Bertram*	Distance	Jr	Bolingbrook, Ill./Neuqua Valley
Ryan Biesterfeld	Pole Vault	Sr	Elmhurst, Ill./York
Matt Bowman*** (C)	Distance	Sr	Elburn, Ill./Geneva
Brendan Bradley*** (C)	Hurdles/Decathlon	Sr	Mundelein, Ill./HS
Ryan Brummet*	Middle Distance	So	Port Byron, Ill./Riverdale
Austin Bruns	Middle Distance	So	Palatine, Ill./Fremd
Tyler Busch	Middle Distance	Fr	Winnebago, Ill./HS
John Burch	Middle Distance	Fr	Orland Park, Ill./Carl Sandburg
Dane Burmeister**	Sprints	Sr	Crystal Lake, Ill./Central
Patrick Callan*	Hurdles	So	Libertyville, Ill./HS
Payton Campbell	Middle Distance	Fr	Bloomington, Ill./Normal Community
Sean Carmody***	Distance	Sr	Rockford, Ill./Winnebago
Eric Chalus*** (C)	Pole Vault	Sr	Rochelle, Ill./HS
Justin Choate	Throws	Fr	Sugar Grove, Ill./Kaneland
Phil Christensen**	Throws	Jr	Maple Park, Ill./Kaneland
Thomas Christian**	Distance	Jr	Port Angeles, Wash./HS
Luke Chvatal	Middle Distance	Fr	Lombard, Ill./Glenbard East
Matt Cwiok	Middle Distance	Fr	Mount Prospect, Ill./John Hersey
Nicholas Danzy*	Distance	Jr	Naperville, Ill./Central
Greg Davis**	Hurdles	Jr	Carlinville, Ill./HS
Matt Deets**	Decathlon	Jr	Polo, Ill./HS
Matthew Dickey	Sprints	Fr	Downers Grove, Ill./Benet Academy
Mitch Dietrich	Distance	Fr	Quincy, Ill./Quincy Notre Dame
Matt Dobronics	Decathlon	So	Mokena, Ill./Lincoln Way East
Daniel Doubet*	Sprints	So	Galesburg, Ill./HS
Joshua Eisenberg	Pole Vault	Fr	Spring Grove, Ill./Richmond-Burton
Terence Enders	Middle Distance	So	Yorkville, Ill./HS
Eric Erspamer*	Distance	Sr	Bartlett, Ill./HS
David Etheridge*	Sprints	Sr	South Holland, Ill./Thornwood
Carlisle Evans Peck	Middle Distance	Fr	Geneseo, Ill./HS
Tim Faith-Rosley*	Middle Distance	Sr	Glenview, Ill./Glenbrook South
Taylor Flannigan	Pole Vault	Fr	Algonquin, Ill./Dundee Crown
Ethan Gale*	Decathlon	So	Oregon, Ill./HS
Garrett Gingras	Distance	Fr	Bloomington, Ill./Glenbard North
Brandon Gittelman**	Distance	Jr	Naperville, Ill./Central
Jay Graffanga	Sprints	Fr	LaFox, Ill./Geneva
Kevin Gray	Middle Distance	Fr	Batavia, Ill./HS
B.J. Grayson	Sprints	So	Waterloo, Ill./HS
Marco Guerrero	Middle Distance	Jr	Carol Stream, Ill./Driscoll
Victor Gutierrez	Javelin	Fr	Aurora, Ill./East
Daniel Halleck	Middle Distance	So	Naperville, Ill./Central
Erik Hansen	Pole Vault	Fr	Geneva, Ill./HS
Thomas Harris*	Distance	So	Davenport, Ill./Assumption
Daniel Hearne	Distance	Jr	Mokena, Ill./Lincoln Way East
Kevin Hodge	Throws	Fr	Elburn, Ill./Kaneland
Patrick Hoefle*** (C)	Throws	Sr	Lena, Ill./Lena – Winslow
Christopher Holmes	Middle Distance	Fr	Rantoul, Ill./HS
Paul Hurd	Middle Distance	So	Wilton, Iowa/HS
Colin Johnson	Middle Distance	Jr	Deerfield, Ill./HS
Brad Keating***	Distance	Sr	Cary, Ill./Cary Grove
Jarrett Kessel***	Middle Distance	Sr	Sublette, Ill./Amboy
Marty King**	Hurdles	Jr	Oswego, Ill./HS
Jason Langslet***	Middle Distance	Sr	Mundelein, Ill./HS
Will Lardner	Decathlon	Fr	Mundelein, Ill./HS
Szymon Ligas	Middle Distance	Fr	Spring Valley, Ill./St. Bede Academy
Randy Lightfoot	Jumps	So	Minooka, Ill./HS
David Lundine	Middle Distance	Fr	Crystal Lake, Ill./South
Kevin Macek*	Throws	So	Orland Park, Ill./Carl Sandburg
Chris Madison	Middle Distance	Fr	Downers Grove, Ill./South
Patrick Manser	Middle Distance	Jr	Elburn, Ill./St. Charles North
Floyd Mays*	Sprints	So	Justice, Ill./Mooseheart
Ryan McAuliffe	Sprints	Fr	Pecatonica, Ill./HS
Kyle McNicholas*	Distance	So	Orland Park, Ill./Carl Sandburg
Kyle Meyer	Middle Distance	Fr	Orland Park, Ill./Carl Sandburg
Alex Mikos***	Pole Vault/Javelin	Sr	Wood Dale, Ill./Fenton
Ryan Miller**	Distance	Sr	Crystal Lake, Ill./Central
Adam Myers**	Throws	Jr	Dixon, Ill./HS
Andrew Nice**	Pole Vault	Jr	Caledonia, Ill./Christian Life
Vladislav Novikov	Distance	So	Palatine, Ill./HS
Matt Nykaza*	Throws	Sr	Oak Lawn, Ill./Brother Rice
Dennis O'Flaherty*	Middle Distance	So	Orland Park, Ill./Carl Sandburg
Jacob O'Rourke*	Sprints	So	Bettendorf, Iowa/Davenport Assumption
Devon Pace*	Sprints	So	Byron, Ill./HS
Timothy Panega	Middle Distance	Fr	Orland Park, Ill./Carl Sandburg
Greg Patton*	Sprints	So	Bloomington, Ill./HS
Carl Peters	Pole Vault	So	LaGrange, Ill./Lyons Township
Nicholas Petre	Sprints	So	Moline, Ill./Rivermont Collegiate



Brian Pollastrini*	Distance	So	Elmhurst, Ill./York
Scott Pospisil	Sprints	Fr	Geneva, Ill./HS
Trevor Raupp	Sprints	Fr	Wadsworth, Ill./Warren Township
Remington Riccolo	Pole Vault	Fr	Dwight, Ill./HS
Taylor Riley*	Middle Distance	Sr	Winnebago, Ill./HS
Alex Rindone*	Sprints	So	Geneva, Ill./Marmion Academy
Steven Rogers*	Middle Distance	So	Crystal Lake, Ill./South
Bryn Sabadosa	Sprints	Jr	Oak Lawn, Ill./Richards
Cody Sharko	Middle Distance	Fr	Elmhurst, Ill./York
Ben Sharko	Middle Distance	Sr	Elmhurst, Ill./York
Brandon Shaver	Middle Distance	Sr	Bloomington, Ill./Normal University)
Nick Sinon	High Jump	Fr	Elburn, Ill./Kaneland
Jonathan Smith*	Distance	So	Moline, Ill./Moline
Justin Smith*	Middle Distance	So	Bensenville, Ill./Fenton
Nathan Smith	Distance	So	Bensenville, Ill./Fenton
Matt Somers***	Sprints/Middle Distance	Sr	Naperville, Ill./Central
Jimmy Spidle	Sprints	So	Waukegan, Ill./HS
Jared Spivey	Sprints	Fr	Annawan, Ill./HS
Alex Stake*** (C)	Decathlon	Sr	Sherman, Ill./Williamsville
Alexander Stockwell	Middle Distance	Fr	Glen Ellyn, Ill./Glenbard West
Matt Strickland	Middle Distance	Jr	Glendale Heights, Ill./Driscoll Catholic
Billy TenBusch**	Distance	Jr	Cary, Ill./Prairie Ridge
Mike Tisza**	Middle Distance	Jr	Prospect Heights, Ill./Hersey
Michael Tovar*	Jumps	Jr	Chicago, Ill./Mooseheart
Aaron Trost	Middle Distance	Fr	Kankakee, Ill./Bishop MacNamara
Isaac Trostle	Distance	Fr	Lombard, Ill./Willowbrook
Edgar Valle	Middle Distance	Fr	Elburn, Ill./Kaneland
Colton Vankirk*	Pole Vault	So	Rochelle, Ill./HS
Wil Ward	Distance	Fr	Bloomington, Ill./Normal
Greg Weigand*** (C)	Middle Distance	Sr	Wheaton, Ill./Wheaton Warrenville South
Lucas Westblade*	Distance	Sr	Hillsdale, Mich./Will Carleton Academy
Brad Wheeler	Distance	Fr	St. Charles, Ill./North
Tim Whisler*	Throws	Sr	Des Plaines, Ill./Maine West
Kyle Williams*	Sprints	So	Lake Zurich, Ill./HS
Ryan Williams	Sprints	So	Homer Glen, Ill./Lockport High
Billy Wisser*	Distance	Jr	Mount Prospect, Ill./Hersey
James Wood*** (C)	Sprints	Sr	St. Charles, Ill./North
Joseph Zahn*	Middle Distance	So	Moline, Ill./HS
Steve Zahrobsky	Sprints	Fr	Woodridge, Ill./Downers Grove South
Patrick Zeunik*** (C)	Triple Jump	Sr	Bloomington, Ill./Bloomington Central Catholic

HEAD COACH: Paul Olsen

ASSISTANT COACHES: Chad Thomas, Doug Sand, David Gonzalez, Luke Cooley, Mike Pettis, Ron Standley, Enyo Dewith, Jason Pettit & John Furlong



2011 AUGUSTANA VIKINGS: 1st Row: Alex Mikos, Patrick Hoefle, Patrick Zeunik, Brendan Bradley, James Wood, Greg Weigand, Eric Chalus, Alex Stake, Matt Bowman, 2nd Row: Jessee Alexander, Steve Zahrobsky, Matt Nykaza, Tim Faith-Rosley, Ryan Biesterfeld, Don Anciaux, Lucas Westblade, Brad Keating, Ben Sharko, Matt Somers, Jason Langslet, Dane Burmeister, David Etheridge, Brandon Shaver 3rd Row: Jared Spivey, Chris Madison, Jay Graffanga, Ethan Gale, Scott Pospisil, Nathan Smith, Justin Smith, Ryan Williams, Devon Pace, Thomas Christian, Colin Johnson, Kyle McNicholas, Brandon Gittelman 4th Row: Mike Anderson, Luke Anderson, Brian Pollastrini, Daniel Doubet, Andrew Nice, Colton Vankirk Nick Sinon, Jacob O'Rourke, Kyle Williams, Dennis O'Flaherty, Brett Bernatowitz, Patrick Manser, Cody Sharko, Billy TenBusch, Ryan Brummet 5th Row: Daniel Halleck, Ryan McAuliffe, Brian Benning, Matt Dickey, Remington Riccolo, Joshua Eisenburg, Greg Patton, Alex Rindone, Steve Rogers, Tommy Harris, Paul Hurd, Tim Panega, Andrew Allabastro, Mitch Dietrich 6th Row: Will Lardner, Justin Choate, Kevin Macek, Kevin Hodge, Victor Guitierrez, Adam Myers, Matt Strickland, Mike Tisza, Marco Guerrero, Ryan Bertram, Tyler Busch 7th Row: Phil Christensen, Marty King, Greg Davis, Matt Deets, Isaac Trostle, Jonathan Smith, Jake Adams, Alex Stockwell, Payton Campbell, Kevin Gray 8th Row: Floyd Mays, Chad Collins, Aaron Trost, Chris Holmes, Kyle Meyer, John Burch, Bryn Sabadosa, Mike Tovar 9th Row: Ron Standley, Mike Pettis, Doug Sand, Luke Cooley, Head Coach Paul Olsen.

## 7 - AUGUSTANA VIKINGS

# After CCIW championship and third place ranking in NCAA Division III Power Ranking last year, Vikings are talented and deep heading into 2011 campaign

One year ago the Augustana Vikings scored a stirring come-from-behind victory in the College Conference of Illinois & Wisconsin meet and also finished the 2011 season as the third ranked dual meet team in the nation according to the NCAA Division III power ranking. A talented and deep team, flush with last year's success, will be available for veteran head coach Paul Olsen as he begins his 43rd year at the Vikings' helm.

"We really achieved quite a bit last year, culminating with our victory at the conference meet," said Olsen who led his team to the 16th CCIW title in school history last spring. "Based on what we did in the indoor season, we might be even better this year. We really don't have any holes in our lineup."

Last year the Vikings won the Early Spring Opener, the Viking Olympics and the Meet of Champions in addition to winning the CCIW championship. During the recently concluded indoor season Augustana placed second in the CCIW meet and wound up ranked fifth in the NCAA Division III power rankings.

Two All-Americans return to bolster the Augustana lineup. Senior triple jumper Patrick Zeunik (**Bloomington Central Catholic HS, Bloomington, Ill.**) is a three time All-American and junior discus thrower Phil Christensen (**Kaneland HS, Maple Park, Ill.**) is a two time All-American.

Leadership for the 2011 team will come from team captains Matt Bowman (**Geneva HS, Elburn, Ill.**), Brendan Bradley (**Mundelein HS, Mundelein, Ill.**), Eric Chalus (**Rochelle HS, Rochelle, Ill.**), Patrick Hoeffle (**Lena-Winslow HS, Lena, Ill.**), Alex Stake (**Williamsville HS, Sherman, Ill.**), Greg Weigand (**Wheaton-Warrenville South HS, Wheaton, Ill.**) James Wood (**St. Charles North HS, St. Charles, Ill.**) and Zeunik.

## EVENTS BREAKDOWN

**SPRINTS** – Sophomore Alex Rindone (**Marmion Academy, Geneva, Ill.**) won the 100 and the 200 at the CCIW meet last spring and added the 55 meter title to his resume during the indoor season. He was also a member of the 800 meter relay team that set a new Augustana school record with a time of 1:27.72. He met the qualifying standard for the NCAA Division III national meet in the 100 and was the co-winner of the Most Valuable Freshman track athlete with fellow sophomore Greg Patton (**Bloomington HS, Bloomington, Ill.**). Patton will handle the 400 and be a mainstay on the relays. He was a national meet qualifier in the 400 last year. Patton and Rindone were members of the 400 relay team which won the CCIW title and qualified for the national meet. Wood joined them on that unit. Senior Matt Somers (**Naperville Central HS, Naperville, Ill.**) has been a regular on the 1600 relay during his career and sophomore Daniel Doubet (**Galesburg HS, Galesburg, Ill.**) is coming off a solid freshman season. Depth in the sprints will come from freshmen Jesse Alexander (**Cedar Falls HS, Cedar Falls, Iowa**), Jay Graffanga (**Geneva HS, LaFox, Ill.**), Jared Spivey (**Annawan HS, Annawan, Ill.**), Matt Dickey (**Benet Academy, Downers Grove, Ill.**), Steve Zahrobsky (**Downers Grove South HS, Woodridge, Ill.**) and sophomore Floyd Mays (**Mooseheart HS, Justice, Ill.**).

**HURDLES** – Junior Greg Davis (**Carlinville HS, Carlinville, Ill.**) won both the 110 high hurdles and the 400 intermediate hurdles in the CCIW as a sophomore and added the 55 high hurdles title during the indoor season. He was on the NCAA Division III national qualifying 1600 relay team along with Somers and Patton and he hit the national qualifying standard in both events. He was the co-winner of the Most Valuable Track athlete last spring. Bradley has been a consistent hurdler throughout his career and junior Marty King (**Oswego HS, Oswego, Ill.**) has been a multiple conference placewinner in his first two seasons. Sophomore Patrick Callan (**Libertyville HS, Libertyville, Ill.**) also was a placewinner in the CCIW

meet a year ago.

**MIDDLE DISTANCE** – Seniors Weigand and Jason Langslet (**Mundelein HS, Mundelein, Ill.**) lead the way in the 800 along with sophomore Joe Zahn (**Moline HS, Moline, Ill.**). The freshman trio of Edgar Valle (**Kaneland HS, Elburn, Ill.**), Chris Madison (**Downers Grove South HS, Downers Grove, Ill.**) and Luke Chvatal (**Glenbard East HS, Lombard, Ill.**) will be heard from at some time during the outdoor season. In the 1500 senior Brad Keating (**Cary-Grove HS, Cary, Ill.**), sophomores Dennis O'Flaherty (**Carl Sandburg HS, Orland Park, Ill.**) and Justin Smith (**Fenton HS, Bensenville, Ill.**) along with freshmen Andrew Allabastro (**Lyons Township HS, LaGrange, Ill.**), Kyle Meyer (**Carl Sandburg HS, Orland Park, Ill.**) and Cody Sharko (**York HS, Elmhurst, Ill.**) will form a relatively young but talented group.

**DISTANCE** – Bowman earned NCAA Division III All-American honors in the fall during the cross country season and heads up a solid group of distance runners. Sophomore Jonathan Smith (**Moline HS, Moline, Ill.**) earned all-region recognition in cross country and sophomores Brian Pollastrini (**York HS, Elmhurst, Ill.**) and Nathan Smith (**Fenton HS, Bensenville, Ill.**) are both coming off solid cross country seasons. Freshmen Isaac Trostle (**Willowbrook HS, Lombard, Ill.**) and sophomores Kyle McNicholas (**Carl Sandburg HS, Orland Park, Ill.**) and Tommie Harris (**Davenport Assumption HS, Davenport, Iowa**) will be major contributors here. Juniors Thomas Christian (**Port Angeles HS, Port Angeles, Wash.**), Billy TenBusch (**Prairie Ridge HS, Cary, Ill.**) and Billy Wisser (**Hersey HS, Mount Prospect, Ill.**) form a formidable trio in the steeplechase.

**FIELD EVENTS** – Christensen earned All-American honors in the discus as a freshman and sophomore and last year won the discus in the CCIW meet. He set a school record in the weight throw during the indoor season and is also the school record holder in the discus. Junior Brian Benning (**Winnebago HS, Winnebago, Ill.**) was a national meet qualifier in the weight throw and senior Patrick Hoeffle (**Lena-Winslow HS, Lena, Ill.**) hit the qualifying mark in the discus last spring. Junior Adam Myers (**Dixon HS, Dixon, Ill.**) has made great progress and will be counted on heavily. Senior Alex Mikos (**Fenton HS, Wood Dale, Ill.**) will handle the javelin event.

Zeunik owns the school record in the triple jump and has been an All-American in the event three times during his career, including the recent indoor season when he placed second in the national meet. He won the triple jump in the 2011 CCIW indoor championship. Junior Mike Tovar (**Mooseheart HS, Chicago, Ill.**), sophomore Chad Collins (**Thornridge HS, Dolton, Ill.**) and freshman Trevor Raupp (**Warren Township HS, Wadsworth, Ill.**) will be used in both the long and triple jumps. Freshman Nick Sinon (**Kaneland HS, Elburn, Ill.**) was an NCAA qualifier in the high jump during the indoor season. Stake and Collins will also compete in the high jump. Chalus, junior Andrew Nice (**Christian Life HS, Caledonia, Ill.**), sophomore Colton VanKirk (**Rochelle HS, Rochelle, Ill.**), Mikos and freshman Erik Hansen (**Geneva HS, Geneva, Ill.**) will head up the pole vault crew.

Stake won the CCIW decathlon last spring and took the pentathlon in the indoor season as well, hitting NCAA qualifying in both. Senior Don Anciaux (**Iowa City HS, Iowa City, Iowa**), junior Matt Deets (**Polo HS, Polo, Ill.**), sophomore Ethan Gale (**Oregon HS, Oregon, Ill.**) and freshman Josh Eisenberg (**Richmond-Burton HS, Spring Grove, Ill.**) will help form a deep corps of decathletes.



# 2010 AUGUSTANA MEN'S TRACK & FIELD RESULTS

## INDOOR

DATE	MEET	SITE	RESULT
01/16/10	Sol Butler Classic TEAM SCORES: 1. AUGUSTANA 243, 2. UW-Platteville 130, 3. Dubuque 56, 4. Ashford 47, 5. Loras 39, 6. Clarke 33, 7. Coe 15, 8. Edgewood 12, 9. Mt. Mercy 7	Dubuque, Iowa	1st of 9
01/23/10	Midwest Invitational	Monmouth, Ill.	No team scores
01/30/10	Lutheran Triangular TEAM SCOFRES: 1. AUGUSTANA 144, 2. Wartburg 124, Grand View 96	Waverly, Iowa	1st of 3
02/05/10	Warhawk Classic TEAM SCOFRES: 1. UW-Oshkosh 170, 2. North Central 134, 3. UW-Whitewater 129, 4. Chicago 89, 5. AUGUSTANA 70, 6. UW-Parkside 13, 7. UW-Stevens Point 10, 8. Loras 3	Whitewater, Wis.	5th of 8
02/13/10	Augustana Invitational	HOME	No Team Scores
02/19/10	University of Iowa	Iowa City, Iowa	
02/20/10	University of Dubuque TEAM SCOFRES: 1. AUGUSTANA 247; 2. Loras 59; 3. Cornell 56; 4. Luther 44; 5. Grinnell 43; 6. Beloit 33; 7. St. Ambrose 30; 8. Iowa Wesleyan 29; 9. Dubuque 23; 10. Knox 17; 11. Clarke 11; 12. Carroll 3	Dubuque, Iowa	1st of 12
02/26-27/10	CCIW Championship TEAM SCORES: 1. North Central 236.5; 2. AUGUSTANA 151.5; 3. Carthage 131.5; 4. Illinois Wesleyan 52.5; 5. Wheaton 51; 6. Millikin 25; 7. Elmhurst 10; 8. North Park 4	Naperville, Ill.	2nd of 8
03/06/10	Pointer Qualifier	Stevens Point, Wis.	No Team Scores
03/12-13/10	NCAA Nationals	Greencastle, Ind.	55th in nation

## OUTDOOR

DATE	MEET	SITE	RESULT
Mar. 19	Early Spring Opener TEAM SCORES: 1. AUGUSTANA 381; 2. Ashford 107; 3. St. Ambrose 102	HOME	1st of 3
Mar. 26-27	Viking Olympics TEAM SCORES: 1. AUGUSTANA 362; 2. Monmouth 143; 3. Central 132.5; 4. St. Ambrose 127; 5. Ashford 76; 6. Iowa Wesleyan 42; 7. College of DuPage 39.5; 8. D4 National Champion 20; 9. Clarke 17; 10. Rockford 16	HOME	1st of 10
Apr. 3	Wartburg Select TEAM SCORES: 1. Iowa Central 189; 2. AUGUSTANA 173; 3. UW-LaCrosse 157; 4. UW-Platteville 81; 5. Wartburg 57; 6. Simpson 32; 7. Dubuque 24; 8. Grand View 19	Waverly, Iowa	2nd of 8
Apr. 9-10	Lee Calhoun Memorial Relays TEAM SCORES: 1. Eastern Illinois 193.5; 2. AUGUSTANA 130; 3. Western Illinois 93; 4. Iowa 86; 5. Monmouth 74; 6. St. Ambrose 60; 7. Marquette 55; 8. Lincoln 39; 9. Millikin 34.5; 10. Illinois College 34; 11. Ashford 14; 12. Florissant Valley 8; 13. Bradley 6; 14. Principia 4	Macomb, Illinois	2nd of 14
Apr. 17	Meet of Champions TEAM SCORES: 1. AUGUSTANA 248.5; 2. UW-Oshkosh 166.5; 3. UW-Whitewater 118; 4. UW-Stevens Point 110; 5. Monmouth 106; 6. Carthage 84; 7. UW-Platteville 53; 8. St. Ambrose 47; 9. Loras 32; 10. Dubuque 23; 11. Luther 21	HOME	1st of 11
Apr. 23-24	Drake Relays	Des Moines, Iowa	No team scores
Apr. 24	Loras Invitational	Dubuque, Iowa	No team scores
May 1	Fighting Scots Invitational TEAM SCORES: 1. Monmouth 164.5; 2. AUGUSTANA 156; 3. Loras 86.5; 4. Truman State 84; 5. Washington (Mo.) 74.5; 6. Illinois Wesleyan 48; 7. Millikin 41; 8. St. Ambrose 35; 9. College of DuPage 24.5; 10. Mt. Mercy 18; 11. Knox 16; 12. North Park 10	Monmouth, Illinois	2nd of 12
May 7-8	CCIW Championship TEAM SCORES: 1. AUGUSTANA 262; 2. North Central 260; 3. Carthage 145; 4. Wheaton 61; 5. Millikin 30; 6. Illinois Wesleyan 26; 7. North Park 20; 8. Elmhurst 14	Wheaton, Illinois	1st of 8
May 14	Dr. Keeler Invitational	Naperville, Illinois	No team scores
May 15	Chicago Penultimate	Chicago, Illinois	No team scores
May 21	Augustana Twilight Qualifier	HOME	No team scores
May 27	NCAA Division III National Championship	Berea, Ohio	38th in nation

## 2010 INDOOR BEST INDIVIDUAL EFFORTS

EVENT	ATHLETE	DATE	SITE	MARK
55	Max Peterson (Mundelein HS, Mundelein, Ill.)	03/06/10	Stevens Point, Wis.	:06/52
200	Alex Rindone (Marmion Academy, Geneva, Ill.)	02/27/10	Naperville, Ill.	:22.22
300	Greg Patton (Bloomington HS, Bloomington, Ill.)	02/13/10	Rock Island, Ill.	:36.60
400	Greg Patton (Bloomington HS, Bloomington, Ill.)	02/27/10	Naperville, Ill.	:50.00
600	Matt Somers (Naperville Central HS, Naperville, Ill.)	02/20/10	Dubuque, Iowa	1:23.71
800	Greg Weigand (Wheaton-Warrenville South HS, Wheaton, Ill.)	02/27/10	Naperville, Ill.	1:56.66
1000	Matt Bowman (Geneva HS, Elburn, Ill.)	01/16/10	Dubuque, Iowa	2:36.46
Mile	Dan Bailey (Deerfield HS, Deerfield, Ill.)	02/20/10	Dubuque, Iowa	4:21.67
3000	Dan Bailey (Deerfield HS, Deerfield, Ill.)	02/27/10	Naperville, Ill.	8:32.09
5000	Dan Bailey (Deerfield HS, Deerfield, Ill.)	02/05/10	Whitewater, Wis.	14:58.89
55 Hurdles	Greg Davis (Carlinville HS, Carlinville, Ill.)	02/27/10	Naperville, Ill.	:07.87
High Jump	Jimmy Zars (York HS, Elmhurst, Ill.)	02/13/10	Rock Island, Ill.	6' 1 1/2"
	Alex Stake (Williamsville HS, Sherman, Ill.)	02/20/10	Dubuque, Iowa	6' 1 1/2"
Pole Vault	Eric Chalus (Rochelle HS, Rochelle, Ill.)	01/30/10	Waverly, Iowa	15' 4 1/4"
Shot	Phil Christensen (Kaneland HS, Maple Park, Ill.)	02/27/10	Naperville, Ill.	48' 11 1/2"
Weight Throw	Darin Decker (Moline HS, Moline, Ill.)	02/26/10	Naperville, Ill.	58' 3"
Triple Jump	Patrick Zeunik (Bloomington Central Catholic HS, Bloomington, Ill.)	02/27/10	Naperville, Ill.	47' 8"
Long Jump	Alex Stake (Williamsville HS, Sherman, Ill.)	02/26/10	Naperville, Ill.	22' 4 1/2"
Pentathlon	Alex Stake (Williamsville HS, Sherman, Ill.)	02/26/10	Naperville, Ill.	3,250
800 Relay	Brett Becker (Cuba City HS, Cuba City, Wis.)	01/30/10	Waverly, Iowa	1:32.33
	Jacob O'Rourke (Assumption HS, Bettendorf, Iowa)			
	Marty King (Oswego HS, Oswego, Ill.)			
	Alex Rindone (Marmion Academy, Geneva, Ill.)			
1600 Relay	Greg Patton (Bloomington HS, Bloomington, Ill.)	01/30/10	Waverly, Iowa	3:24.50
	Steve Rogers (Crystal Lake South HS, Crystal Lake, Ill.)			
	Greg Davis (Carlinville HS, Carlinville, Ill.)			
3200 Relay	Nick Borchert (Ankeny HS, Ankeny, Iowa)	02/13/10	Rock Island, Ill.	8:38.70
	Jonathan Smith (Moline HS, Moline, Ill.)			
	Tommy Harris (Assumption HS, Davenport, Iowa)			
	Kyle McNicholas (Sandburg HS, Orland Park, Ill.)			
	Brian Pollastrini (York HS, Elmhurst, Ill.)			
Distance Medley	Brad Keating (Cary-Grove HS, Cary, Ill.)	02/26/10	Naperville, Ill.	10:15.06
	Marty King (Oswego HS, Oswego, Ill.)			
	Steve Rogers (Crystal Lake South HS, Crystal Lake, Ill.)			
	Dan Bailey (Deerfield HS, Deerfield, Ill.)			



## 2010 OUTDOOR BEST INDIVIDUAL EFFORTS

EVENT	ATHLETE	DATE	SITE	MARK
100	Alex Rindone (Marmion Academy, Geneva, Ill.)	5/8/10	Wheaton, Ill.	:10.71
200	Alex Rindone (Marmion Academy, Geneva, Ill.)	4/17/10	Rock Island, Ill.	:21.83
400	Greg Patton (Bloomington HS, Bloomington, Ill.)	4/17/10	Rock Island, Ill.	:48.54
800	Greg Weigand (Wheaton Warrenville South HS, Wheaton, Ill.)	5/14/10	Naperville, Ill.	1:53.91
1500	Sean Carmody (Winnebago HS, Rockford, Ill.)	4/17/10	Rock Island, Ill.	3:59.14
3000	Jonathan Smith (Moline HS, Moline, Ill.)	4/10/10	Macomb, Ill.	8:51.79
3000 Steeplechase	Billy Wisser (Hersey HS, Mt. Prospect, Ill.)	5/14/10	Naperville, Ill.	9:21.67
5000	Chris Zook (Community HS, Normal, Ill.)	5/8/10	Wheaton, Ill.	15:02.4
10,000	Matt Bowman (Geneva HS, Elburn, Ill.)	4/17/10	Rock Island, Ill.	30:58.94
110 High Hurdles	Greg Davis (Carlinville HS, Carlinville, Ill.)	4/17/10	Rock Island, Ill.	:14.86
400 Intermediate Hurdles	Greg Davis (Carlinville HS, Carlinville, Ill.)	4/17/10	Rock Island, Ill.	:53.94
Decathlon	Alex Stake (Williamsville HS, Sherman, Ill.)	5/7-8/10	Wheaton, Ill.	6,492
Long Jump	Alex Stake (Williamsville HS, Sherman, Ill.)	5/7/10	Wheaton, Ill.	22' 4½"
Triple Jump	Pat Zeunik (Central Catholic HS, Bloomington, Ill.)	4/2/10	Waverly, Iowa	48' 2"
Shot Put	Darin Decker (Moline HS, Moline, Ill.)	5/8/10	Wheaton, Ill.	52' 8¾"
Discus	Phil Christensen (Kaneland HS, Maple Park, Ill.)	3/27/10	Rock Island, Ill.	172' 11"
Hammer Throw	Darin Decker (Moline HS, Moline, Ill.)	5/21/10	Rock Island, Ill.	184' 10"
Pole Vault	Eric Chalus (Rochelle HS, Rochelle, Ill.)	4/17/10	Rock Island, Ill.	15' 1¾"
Javelin	Nate Maass (Naperville Central HS, Naperville, Ill.)	5/7/10	Wheaton, Ill.	176' 7"
High Jump	Alex Stake (Williamsville HS, Sherman, Ill.)	5/1/10	Monmouth, Ill	6' 2¾"
	Alex Stake (Williamsville HS, Sherman, Ill.)	5/8/10	Wheaton, Ill.	6' 2¾"
4x100 Relay	Max Petersen (Mundelein HS, Mundelein, Ill.)	5/21/10	Rock Island, Ill.	:41.78
	Greg Patton (Bloomington HS, Bloomington, Ill.)			
	James Wood (St. Charles North HS, St. Charles, Ill.)			
4x200 Relay	Alex Rindone (Marmion Academy, Geneva, Ill.)	4/23/10	Des Moines, Iowa	1:27.72
	Max Petersen (Mundelein HS, Mundelein, Ill.)			
	James Wood (St. Charles North HS, St. Charles, Ill.)			
	Alex Rindone (Marmion Academy, Geneva, Ill.)			
4x400 Relay	Nick Borchert (Ankeny HS, Ankeny, Iowa)	4/24/10	Des Moines, Iowa	3:13.35
	Greg Davis (Carlinville HS, Carlinville, Ill.)			
	Greg Patton (Bloomington HS, Bloomington, Ill.)			
	Matt Somers (Naperville Central HS, Naperville, Ill.)			
4x800 Relay	Nick Borchert (Ankeny HS, Ankeny, Iowa)	4/23/10	Des Moines, Iowa	7:52.75
	Steve Rogers (Crystal Lake South HS, Crystal Lake, Ill.)			
	Sean Carmody (Winnebago HS, Rockford, Ill.)			
	Jason Langslet (Mundelein HS, Mundelein, Ill.)			
Sprint Medley	Greg Weigand (Wheaton Warrenville South HS, Wheaton, Ill.)	4/24/10	Des Moines, Iowa	3:32.25
	Jacob O'Rourke (Davenport Assumption HS, Bettendorf, Iowa)			
	Alex Rindone (Marmion Academy, Geneva, Ill.)			
	Dan Doubet (Galesburg HS, Galesburg, Ill.)			
	Joe Zahn (Moline HS, Moline, Ill.)			
Distance Medley	Sean Carmody (Winnebago HS, Rockford, Ill.)	4/24/10	Des Moines, Iowa	10:24.88
	James Wood (St. Charles North HS, St. Charles, Ill.)			
	Greg Weigand (Wheaton Warrenville South HS, Wheaton, Ill.)			
4x1600 Relay	Dan Bailey (Deerfield HS, Deerfield, Ill.)	4/23/10	Des Moines, Iowa	18:17.76
	Mike Tisza (Hersey HS, Prospect Heights, Ill.)			
	Matt Bowman (Geneva HS, Elburn, Ill.)			
	Brian Hart (University City HS, St. Louis, Mo.)			
	Brad Keating (Cary-Grove HS, Cary, Ill.)			
Shuttle Hurdle Relay	Greg Davis (Carlinville HS, Carlinville, Ill.)	4/24/10	Des Moines, Iowa	1:02.41
	Marty King (Oswego HS, Oswego, Ill.)			
	Pat Callan (Libertyville HS, Libertyville, Ill.)			
	Brendan Bradley (Mundelein HS, Mundelein, Ill.)			



## 2010 MEN'S TRACK & FIELD REVIEW

# Vikings win CCIW for second time in three years; Finish season third in NCAA Division III dual meet rankings; Phil Christensen and Patrick Zeunik win All-American honors

The Vikings ended their season with great success when eight Augustana men's track & field team members participated in the NCAA Division III Track & Field Championships on Saturday May 29 at Baldwin-Wallace College in Berea, Ohio. Two Augustana competitors that were especially exceptional were Phil Christensen (**Kaneland HS, Maple Park, Ill.**) and Patrick Zeunik (**Bloomington Central Catholic HS, Bloomington, Ill.**) who both brought home All-American honors.

Christensen took third place in the discus with a throw of 170'7". Christensen has shown a promising track and field career as last year he placed sixth at the NCAA Division III Track & Field Championship in the discus with a toss of 162' 5" and claimed one of the oldest school records on the books when he hurled the discus 170' 8" at the Augustana Twilight Qualifier. That erased Dave Lingner's 1981 mark of 170' 4" from the record book. This season Christensen broke his own record with a toss of 172' 11" at the Viking Olympics on March 27 at home.

Zeunik placed seventh in the triple jump with a leap of 48'1 1/4". He also took seventh in the triple jump during the indoor national meet earlier this season on March 13 in Greencastle, Indiana. Zeunik broke the school record, which had been set by Geoff Smithers in 1968, with a jump of 48'2" at the Wartburg Select Meet on April 3 in Waverly, Iowa.

While Christensen and Zeunik earned All-American honors, the 1600 relay team of Greg Davis (**Carlville HS, Carlville, Ill.**), Greg Patton (**Bloomington HS, Bloomington, Ill.**), James Wood (**St. Charles North HS, St. Charles, Ill.**) and Nick Borchert (**Ankeny HS, Ankeny, Iowa**) finished fifth in their heat in 3:16.47. They had their best time at the Drake Relays in Des Moines, Iowa in 3:13:35.

The final two national meet competitors for Augustana were Darin Decker (**Moline HS, Moline, Ill**) and Alex Stake (**Williamsville HS, Sherman, Ill.**), Decker in the hammer throw where he took seventh in his flight with a throw of 178'4 ". Stake finished 14th in the decathlon where he scored 5,883 points.

The Vikings had much to celebrate on May 8 when they took first in the College Conference of Illinois and Wisconsin for the second time in three years. The meet was held at North Central College in Naperville on Friday, May 7 and Saturday May 8. The Vikings were trailing North Central by 37 points at the conclusion of the first day of the meet and made an impressive comeback where Augustana scored 162 to beat North Central's score of 160.

While many members from the Augustana team gained points there were several first place finishers. Freshman Alex Rindone (**Marmion Academy, Geneva, Ill.**) won the 100 and 200 meters and anchored the winning 400 relay. Rindone ran the 100 in :10.71 and the 200 in :22.29. The 4x100 team of Max Petersen (**Mundelein HS, Mundelein, Ill.**), Greg Patton, James Wood, and Rindone finished with a time of :41.92.

Sophomore Greg Davis won both hurdle events, running :15:04 at 110 meters and a provisional qualifying time of :54:15 in the 400 hurdles. Alex Stake finished first in the decathlon, provisionally qualifying with 6,492 points. Phil Christensen finished first in the discus with a toss of 160'9". Darin Decker had a throw of 52'8 3/4" to take first place in the shot put.

Augustana won the Early Spring Opener on March 19 with 381 points and came back a week later to win the Viking Olympics with 362 points. The Vikings placed second at the Wartburg Select meet on April 3 with 173 points in Waverly, Iowa. A week later, on April 10 in Macomb, Illinois, they were second at the Lee Calhoun Memorial Relays beating various Division I and II schools. At the Meet of Champions on April 17 the Vikings took first place scoring 248.5 points. On April 23 and 24 at the Drake Relays the 1600 relay team comprised of Davis, Patton, Somers, and Borchert took eighth place in 3:13:33 which was just off the Augustana school record of 3:13:13. The Vikings placed second at the Fighting Scots Invitational on May 1 scoring 156 points.

Head Coach Paul Olsen was honored by the United States Track & Field/Cross Country Coaches Association as the Midwest Region's "Coach of the Year" and he was also named the NCAA Division III national "Midwest Region Coach of the Year". There were many awards given out at the conclusion of the 2010 outdoor season including "MVP track" to Max Petersen and Greg Davis, "MVP Field" was awarded to Phil Christensen, Darin Decker, and Pat Zeunik, "Most Improved" to Lucas Westblade (**Will Carleton Academy, Hillsdale, Mich.**) and Jeff Miller (**Algonquin HS, Algonquin, Ill.**). The anticipated captains for the 2011 season are Matt Bowman (**Geneva HS, Elburn, Ill.**), Brendan Bradley (**Mundelein HS, Mundelein, Ill.**), Eric Chalus (**Rochelle HS, Rochelle, Ill.**), Patrick Hoeffle (**Lena-Winslow HS, Lena, Ill.**), Alex Stake, Greg Weigand (**Wheaton-Warrenville South HS, Wheaton, Ill.**), James Wood, and Patrick Zeunik.

Petersen and Borchert were named to the ESPN – The Magazine Academic All-American team at the end of the season. Petersen, a second team selection last year, moved up to the first team while Borchert made the second team.

### 2010 CCIW OUTDOOR TRACK & FIELD CHAMPIONSHIP

May 7-8, 2010 @ North Central College in Naperville, Illinois.  
TEAM SCORES: 1. AUGUSTANA 262; 2. North Central 260; 3. Carthage 145; 4. Wheaton 61; 5. Millikin 30; 6. Illinois Wesleyan 26; 7. North Park 20; 8. Elmhurst 14.

### INDIVIDUAL EVENT WINNERS

100 – Alex Rindone, Augustana :10.71; 200 – Alex Rindone, Augustana :22.37; 400 – Jon Caron, North Central :48.98; 800 – Jacob Austin, North Central 1:55.22; 1500 – Jacob Austin, North Central 4:02.72; 5000 – Michael Spain, North Central 14:43.7; 10,000 – Kyle Brady, North Central 30:54.02; 110 HH – Greg Davis, Augustana :15.04; 400 IH – Greg Davis, Augustana :54.15; 3000 Steeplechase – Sean Carlson, North Central 9:28.38; 4x100 relay – Augustana :41.92 (Max Petersen, Greg Patton, James Wood, Alex Rindone); 4x400 relay – Carthage College; High Jump – Matt Borchardt, North Central 6' 5 1/2"; Pole Vault – John Wood, North Central 15' 5"; Long Jump – Buzzy Brown, Carthage 23' 7 1/4"; Triple Jump – Prentis Wilbourn, Carthage 47'11 3/4"; Shot Put – Darin Decker, Augustana 52'08 3/4"; Discus – Phil Christensen, Augustana 160' 9"; Hammer Throw – Josh Brennan, Carthage 191' 8"; Javelin – Lars Tenglin, North Park 201' 5"; Decathlon – Alex Stake, Augustana 6,492.

**NCAA DIVISION III ALL-AMERICA:** Triple Jump – Patrick Zeunik, 7th place 48'1 1/4"; Discus – Phil Christensen, 3rd place 170'7".

**AUGUSTANA SCHOOL RECORDS:** Triple Jump – Patrick Zeunik, 48'2" at the Wartburg Select Meet on April 3 previously held by Geoff Smithers from 1968...800 Relay – (Max Petersen, James Wood, Alex Rindone, Nick Borchert) with time of 1:27.72 breaking old mark of 1:28.18 set in 2000 (Brad Blake, Eliot Mosby, Nick Peck, Brian Miller).

**COSIDA ACADEMIC ALL-AMERICA:** Nick Borchert & Max Petersen

**USTFCCCA ALL-ACADEMIC TEAM:** Nick Borchert & Max Petersen

**CCIW INDIVIDUAL CHAMPIONS:** 100 – Alex Rindone, Augustana :10.71; 200 – Alex Rindone, Augustana :22.37; 110 HH – Greg Davis, Augustana :15.04; 400 IH – Greg Davis, Augustana :54.15; 4x100 relay – Augustana :41.92 (Max Petersen, Greg Patton, James Wood, Alex Rindone); Darin Decker, Augustana 52'08 3/4"; Discus – Phil Christensen, Augustana 160' 9"; Decathlon – Alex Stake, Augustana 6,492.

**CCIW MOST OUTSTANDING FIELD PERFORMER** – Darin Decker (won the hammer and discus and was second in the shot)

### NCAA DIVISION III NATIONAL QUALIFIERS

Triple Jump – Patrick Zeunik; Discus – Phil Christensen; Shot Put – Darin Decker; 4x400 Relay – Greg Davis, Greg Patton, Matt Somers, and Nick Borchert

(Provisional qualifiers who did not make the final national meet field)

100 – Alex Rindone; 400 – Greg Patton; 110 Hurdles – Greg Davis; 400 Hurdles – Greg Davis; Steeplechase – Billy Wisser; 10,000 – Matt Bowman; Decathlon – Alex Stake; Discus – Patrick Hoeffle; 4x100 (Petersen, Patton, Wood, & Rindone).

### AUGUSTANA TEAM AWARDS

MVP (track): Max Petersen & Greg Davis; MVP (field): Phil Christensen, Darin Decker, Patrick Zeunik; Most Valuable Freshman (track): Alex Rindone & Greg Patton; Most Valuable Freshman (field): Chad Collins & Colton VanKirk; Most Improved: Lucas Westblade & Jeff Miller; Most Improved Freshman: Brian Pollastrini & Dan Doubet; Most Inspirational: Max Petersen. 2011 Captains: Matt Bowman, Brendan Bradley, Eric Chalus, Pat Hoeffle, Alex Stake, Greg Weigand, James Wood, & Patrick Zeunik.

### AUGUSTANA TEAM FINISHES

USTFCCCA POWER RANKING: 1st in nation from April 13 – May 4th rankings and 3rd after NCAA championship meet

NCAA DIVISION III NATIONAL MEET: 38th in nation

CCIW CHAMPIONSHIPS: 1st place with 262 points

TEAM CHAMPIONSHIPS: Early Spring Opener, 03/19/10; Viking Olympics, 03/26-27/10;

Meet of Champions, 04/17/10

OTHER MEETS: Wartburg Select, 04/03/10 – second; Lee Calhoun Memorial Relays, 04/09-10/10 – second; Fighting Scots Invitational, 05/01/10 – second.

# AUGUSTANA SCHOOL RECORDS

## OUTDOOR RECORDS

100	Kofi Osei	:10.60	1981
200	Kyle Poston	:21.69	1997
400	Mike Meyer	:47.84	1980
800	Rich Hansen	1:51.44	1969
1500	Sandu Rebenciuc	3:43.54	1992
5000	Ambo Bati	14:21.52	1996
10000	Sandu Rebenciuc	29:45.00	1992
3000 St.	Sandu Rebenciuc	8:58.04	1993
110 HH	Ted McMillan	:14.55	2008
400 IH	Ted McMillan	:51.21	2008
400 Relay	Terry McMillan	:41.00	1980

	Kofi Osei		
	Tom Sparkman		
	Mike Meyer		
1600 Relay	Nate Hurt	3:13.13	1996

	Scott Tumilty		
	Mark Zemke		
	Rob Lee		

HJ	Craig Lyon	7-3	1998
PV	Corey Christenson	16-7	1994
LJ	Rod Slover	24-6 ¼	1976
TJ	Patrick Zeunik	48-2	2010
Discus	Phil Christensen	172-11	2010
Shot	David Dempsey	54-8 ¼	1999
Javelin	Mike McCoy	231-3	1976
Hammer	Tom McIntire	185-7	2005
Dec (old)	Socrates Catavatis	6901	1981
Dec (new)	Dan Rakestraw	6644	1996

## INDOOR RECORDS

55	Kofi Osei	:06.46	1981
200	Alex Rindone	:22.22	2010
300	Evan Holschbach	:35.87	2009
400	Kyle Ekberg	:49.32	2009
500	Jason Langslet	1:08.82	2010
600	Kyle Ekberg	1:22.06	2009
800	Sandu Rebenciuc	1:52.61	1992
1000	Sandu Rebenciuc	2:30.34	1993
1500	Sandu Rebenciuc	3:50.28	1993
2000	Andy Kubiak	5:36.23	2009
Mile	Ambo Bati	4:04.1	1996
3000	Sandu Rebenciuc	8:15.89	1992
5000	Ambo Bati	14:21.52	1996
55 H	Ted McMillan	:07.68	2009
200 H	Mark Zemke	:25.26	1996
2 mile	Dan Copper	8:51.10	1977
3 mile	Dan Copper	13:46.0	1978
300 Y	Leland Stanford	:32.46	1986
600 Y	Bill Yemm	1:13.9	1975
1000 Y	Tom Todd	2:13.34	1975
800 Relay	Kyle Poston	1:31.25	1996
	David Walton		
	Mark Zemke		
	Scott Tumilty		

1600 Relay	Evan Holschbach	3:18.34	2009
	Kyle Ekberg		
	Nick Borchert		
	Ted McMillan		
Sprint Med. Relay	Joel Wietfeldt	3:37.15	2002
	Tim Heisler		
	Brandon Vahl		
	Brad Cosentino		
Pentathlon	Ted McMillan	3,721 points	2009
HJ	Craig Lyon	7-3	1998
Shot	David Dempsey	54-2 ½	2000
TJ	Patrick Zeunik	47-8	2010
LJ	Brian Miller	23-3 ½	2000
PV	Corey Christenson	16-2	1997
35 WT	Darin Decker	58-3	2010

## OVERSIZE TRACK RECORDS

800	Mike Bartlet	1:54.10	2003
2 mile	Al Anderson	7:44.9	1973
Relay	Tim Garrity		
	Brad Seago		
	Fred Whiteside		
Dist Medley Relay	Rob Hanauer	10:02.81	2005
	Jason Myers		
	Ammon Paquette		
	Nick Johnson		

## SPECIAL EVENTS & IMPERIAL RECORDS

100 Y	Paul Carlstedt	:09.7	1968
	Fred Whiting	:09.7	1963
Mile	Ambo Bati	4:04.1	1996
2 mile	Dan Copper	8:51.9	1977
3 mile	Dan Copper	13:46.8	1978
6 mile	Dan Copper	29:31.3	1977
800 Relay	James Wood	1:27.72	2010
	Alex Rindone		
	Max Peterson		
	Nick Borchert		
Sprint Med Relay	Kyle Poston	3:24.83	1997
	Dave Walton		
	Chris Dryer		
	Nate Roe		
Dist Medley Relay	Tony VanDeWalle	9:52.34	1985
	Leland Stanford		
	Doug Sand		
	Eric Volkert		
3200 Relay	Mark Salaway	7:31.31	1983
	Eric Volkert		
	Dan Harlan		
	Ricci Washburn		
4 mile Relay	Dan Copper	16:56.0	1977
	Tim Garrity		
	John Hammermeister		
	Steve Sandino		
HH Shuttle	Jesse Heath	1:02.35	1994
	Jim Weber		
	Scott Nowicki		
	Chris Martin		

# CCIW TEAM CHAMPIONS

2010	Augustana (Out)		1983	AUGUSTANA	1964	AUGUSTANA
	North Central (In)		1982	AUGUSTANA	1963	Millikin
2009	North Central (Out)	2000	1981	AUGUSTANA	1962	Carroll
	North Central (In)	1999	1980	AUGUSTANA	1961	North Central
2008	Augustana (Out)	1998	1979	North Central	1960	Carroll
	North Central (In)	1997	1978	North Central	1959	Wheaton
2007	North Central (Out)	1996	1977	North Central	1958	Wheaton
	North Central (In)	1995	1976	North Central	1957	Wheaton
2006	North Central (Out)	1994	1975	North Central	1956	Wheaton
	North Central (In)	1993	1974	AUGUSTANA	1955	Wheaton
2005	North Central (Out)	1992	1973	AUGUSTANA	1954	Millikin
	North Central (In)	1991	1972	AUGUSTANA	1953	Wheaton
2004	North Central (Out)	1990	1971	North Central	1952	Wheaton
	North Central (In)	1989	1970	AUGUSTANA	1951	Wheaton
2003	North Central (Out)	1988	1969	AUGUSTANA	1950	Wheaton
	North Central (In)	1987	1968	AUGUSTANA	1949	Wheaton
2002	North Central (Out)	1986	1967	AUGUSTANA	1948	Wheaton
	North Central (In)	1985	1966	North Central	1947	Wheaton
2001	North Central (Out)	1984	1965	AUGUSTANA		

## AUGUSTANA INDIVIDUAL NATIONAL CHAMPIONS

### TONY CORNELIOUS

1974 - 400 intermediate hurdles :53.3

Cornelius became Augustana's first national champion in track during his junior year with his win at the first ever NCAA Division III meet held in Charleston, Illinois...Cornelius' title helped the Vikings finish sixth in the team race.

### JOHN STANEK

1975 - High Jump 6'9"

Stanek won the high jump in his junior year and helped Augustana to a second place team finish...Stanek's leap of 6'9" in Berea, Ohio, set an NCAA Division III record.

### DAN COPPER

1975 - Three Mile 14:00.98

One of the greatest Augustana track performers of all-time...Copper, a seven time All-America selection, won his national title as a sophomore and along with Stanek's high jump win, spearheaded the Viking's second place team finish.

### KOFI OSEI

1981 - 100 meters :10.66

Osei won a close race for the national title in his sophomore season...The Vikings finished second behind Glassboro State in the meet which was held in Cleveland, Ohio.

### DOUG ATKINSON

1982 - Pole Vault 15'6 1/4"

Atkinson won the national title in Naperville, Illinois, despite the fact that he did not win the conference title...He was a sophomore at the time and his championship helped the Viking's finish 10<sup>th</sup> in the team race.

### SANDU REBENCIUC

1992 - Indoor 1500 3:53.80

1992 - Outdoor 1500 3:47.78

1992 - Outdoor 10,000 29:45.00

1993 - Indoor 1500 3:54.53

1993 - Outdoor 1500 3:49.42

1993 - Outdoor 3000 Steeplechase 8:58.04

Rebenciuc has won six NCAA Division III track titles but his most memorable might have been the 1992 10,000 at Colby College in Watertown, Maine, when he caught Gary Wasserman of Nebraska Wesleyan on the last lap and won by five seconds...He also won the 1991 NCAA Division III cross country title.

### TRENT MORRELL

1992 - 5,000 14:36.78

Morrell never won a conference championship race but in his senior year he rose to the occasion and took home a national title at Colby College...He pulled away from a four man pack over the last 90 meters, nipping Wasserman by three tenths of a second and giving the Vikings a third national title in the same meet which was good for seventh place in the team race.

### AMBO BATI

1995 - Indoor 5000 14:35.46

1995 - Outdoor 1500 3:55.84

1996 - Indoor 5000 14:21.52

1996 - Outdoor 10,000 29:49.60

1996 - Outdoor 5,000 14:30.93

Bati ran a blistering 28 second final 200 which topped off a final mile of 4:30 as he won his first ever national title at Ohio Northern University in Ada, Ohio...In the outdoor national meet that year he battled a rain storm and the indoor national champion to win at 1500...His final time may not have been all that fast but he ran his final 400 in a blazing :56.9 to win at Carleton College in Northfield, Minnesota...In 1996 Bati was the talk of the national meet when he won the 10,000 in 29:49.60 and the 5000 in 14:30.93 and then came back with a fourth in the 1500 in 3:54.10...The 5000 and the 1500 were a mere 30 minutes apart.

### MARK ZEMKE

1996 - 400 Intermediate Hurdles

Zemke got hot midway through his senior year and stayed that way en route to winning the national title...He set a new school record of :52.55 as he won by three hundredths of a second...It took officials several minutes of studying the videotape to determine the winner.

### CRAIG LYON

1998 - Indoor High Jump 6'11 3/4"

Lyon jumped 7'3" in his first indoor meet of the season to shatter the Augustana school record...In the NCAA Division III indoor meet he went 6'11 3/4" to win the event at the Gosman Sports & Convocation Center.

### TED MCMILLAN

2007 - Outdoor High Jump 6'9"

2007 - 400 Hurdles :51.50

McMillan capped his sophomore season in 2007 with a pair of national championships at J.J. Keller Field in Oshkosh, Wisconsin...McMillan won the 400 hurdles with a time of :51.50, breaking his own school record of :52.37 in the process...His winning leap of 6'9" in the high jump tied him for the fifth best jump in Augustana history...He also has the second best mark in school history at 7'0" in 2006.



# AUGUSTANA'S ALL-AMERICA SELECTIONS

2010	Phil Christensen	Discus	Outdoor	1988	Dave Terronez	800	Outdoor
	Patrick Zeunik	Triple Jump	Outdoor		Joe Butler	110 HH	Outdoor
	Patrick Zeunik	Triple Jump	Indoor		Joe Butler	1600 Relay	Outdoor
2009	Andy Kubiak	3000 ST	Outdoor		Dennis Fraikes	1600 Relay	Outdoor
	Phil Christensen	Discus	Outdoor		Mike Wallace	1600 Relay	Outdoor
	Ted McMillan	Pentathlon	Indoor		Darin Davis	1600 Relay	Outdoor
	Ted McMillan	High Jump	Indoor		Joe Butler	1600 Relay	Indoor
	Kyle Eckberg	400	Indoor		Dennis Fraikes	1600 Relay	Indoor
2008	Ted McMillan	400 IH	Outdoor		Mike Wallace	1600 Relay	Indoor
	Ted McMillan	High Jump	Outdoor		Darin Davis	1600 Relay	Indoor
	Ted McMillan	High Jump	Indoor	1987	Rob Lathrop	110 HH	Outdoor
	Ted McMillan	1600 Relay	Outdoor		Tony VanDeWalle	1500	Outdoor
	Even Holschbach	1600 Relay	Outdoor	1986	Tim Holmstrom	Shot Put	Outdoor
	Kyle Ekberg	1600 Relay	Outdoor		Ken Harris	400 IH	Outdoor
	Matt Somer	1600 Relay	Outdoor		Brad Price	400 Relay	Outdoor
	Steve Sulfridge	1600 Relay	Outdoor		Darin Davis	400 Relay	Outdoor
	Steve Sulfridge	Pole Vault	Outdorr		Dennis Fraikes	400 Relay	Outdoor
	Brad Holehan	3000 ST	Outdoor		Leland Stanford	400 Relay	Outdoor
2007	Ted McMillan	400 IH	Outdoor		Brad Price	1600 Relay	Outdoor
	Ted McMillan	High Jump	Outdoor		Darin Davis	1600 Relay	Outdoor
	Ted McMillan	High Jump	Indoor		Dennis Fraikes	1600 Relay	Outdoor
2006	Ted McMillan	400 IH	Outdoor		Leland Stanford	1600 Relay	Outdoor
	Ted McMillan	High Jump	Outdoor	1985	Tony VanDeWalle	1500	Indoor
	Ted McMillan	High Jump	Indoor	1984	Brad Price	400 Relay	Outdoor
	Nick Johnson	3000 ST	Outdoor		Kofi Osei	400 Relay	Outdoor
2005	Thomas McIntire	Hammer	Outdoor		Leland Stanford	400 Relay	Outdoor
2003	Jeff Lindeman	Pole Vault	Outdoor		Ed Branigan	400 Relay	Outdoor
2001	David Dempsey	Shot Put	Outdoor		Eric Volkert	1500	Outdoor
	Tony Bonucci	Pole Vault	Outdoor		Shemi Sabag	5000	Outdoor
	Tony Bonucci	Pole Vault	Indoor		Shemi Sabag	10,000	Outdoor
2000	David Dempsey	Shot Put	Outdoor	1983	George Velasquez	100	Outdoor
	David Dempsey	Shot Put	Indoor		Lonnie Hewitt	High Jump	Outdoor
	Dustin Waddell	Pole Vault	Indoor	1982	*Doug Atkinson	Pole Vault	Outdoor
1999	Dustin Waddell	Pole Vault	Outdoor		Socrates Catavatis	Decathlon	Outdoor
	Dustin Waddell	Pole Vault	Indoor	1981	*Kofi Osei	100	Outdoor
1998	Ambo Bati	5000	Outdoor		Tony Hurd	10,000	Outdoor
	Dustin Waddell	Pole Vault	Outdoor		Rob Jensen	3000 St.	Outdoor
	*Craig Lyon	High Jump	Indoor		Socrates Catavatis	Decathlon	Outdoor
	Dustin Waddell	Pole Vault	Indoor		Dave Lingner	Discus	Outdoor
1997	Ryan Carpenter	Shot Put	Indoor		Steve Gramsch	1500	Outdoor
	Corey Christenson	Pole Vault	Indoor	1980	Terry McMillan	400 Relay	Outdoor
1996	*Ambo Bati	5000	Outdoor		Kofi Osei	400 Relay	Outdoor
	*Ambo Bati	10,000	Outdoor		Tom Sparkman	400 Relay	Outdoor
	*Mark Zemke	400 IH	Outdoor		Mike Meyer	400 Relay	Outdoor
	Ambo Bati	1500	Outdoor		Mark Schick	Pole Vault	Outdoor
	Mark Nelson	Triple Jump	Outdoor		Brett Anderson	Pole Vault	Outdoor
	Corey Christenson	Pole Vault	Outdoor		Lonnie Hewitt	High Jump	Outdoor
	Dan Rakestraw	Decathlon	Outdoor		Socrates Catavatis	Decathlon	Outdoor
	Nathan Hurt	1600 Relay	Outdoor		Mike Meyer	400	Outdoor
	Scott Tumilty	1600 Relay	Outdoor		Kofi Osei	100	Outdoor
	Mark Zemke	1600 Relay	Outdoor	1979	Greg Haynie	High Jump	Outdoor
	Rob Lee	1600 Relay	Outdoor	1978	Greg Haynie	High Jump	Outdoor
	*Ambo Bati	5000	Indoor		Dan Copper	10,000	Outdoor
	Ambo Bati	1500	Indoor	1977	Dan Copper	5000	Outdoor
1995	*Ambo Bati	1500	Outdoor		Doug Felder	Pole Vault	Outdoor
	Ambo Bati	10,000	Outdoor	1976	Doug Felder	Pole Vault	Outdoor
	Matt Dutton	Discus	Outdoor	1975	*Dan Copper	Three Mile	Outdoor
	Ryan Carpenter	Shot Put	Outdoor		*John Stanek	High Jump	Outdoor
	Corey Christenson	Pole Vault	Outdoor		Doug Felder	Pole Vault	Outdoor
	Rob Lee	400	Outdoor		Tom Todd	880	Outdoor
	Mark Zemke	1600 Relay	Outdoor	1974	*Tony Cornelious	440 IH	Outdoor
	Scott Tumilty	1600 Relay	Outdoor		Dan Copper	Three Mile	Outdoor
	Nate Hurt	1600 Relay	Outdoor		Tony Cornelious	Mile Relay	Outdoor
	Rob Lee	1600 Relay	Outdoor		Bill Yemm	Mile Relay	Outdoor
	*Ambo Bati	5000	Indoor		Scott Stephens	Mile Relay	Outdoor
	Ambo Bati	1500	Indoor		Enyo DeWith	Mile Relay	Outdoor
	Ryan Carpenter	Shot Put	Indoor		John O'Connor	Three Mile	Outdoor
	Corey Christenson	Pole Vault	Indoor		Bob Scott	Discus	Outdoor
1994	Craig Kruse	Shot Put	Outdoor		John Stanek	High Jump	Outdoor
	Ryan Carpenter	Shot Put	Outdoor		Joe Thompson	Pole Vault	Outdoor
	Corey Christenson	Pole Vault	Outdoor	1973	Steve Perry	Discus	Outdoor
	Ambo Bati	1500	Outdoor	1969	Jim Braet	440 IH	Outdoor
	Sandu Rebenciuc	3000 St.	Outdoor	1967	Geoff Smithers	440 Relay	Outdoor
	Sandu Rebenciuc	800	Indoor		Jim Braet	440 Relay	Outdoor
	Sandu Rebenciuc	1500	Indoor		Paul Carlstedt	440 Relay	Outdoor
1993	*Sandu Rebenciuc	3000 St.	Outdoor		Mark Schaefer	440 Relay	Outdoor
	*Sandu Rebenciuc	1500	Outdoor		Geoff Smithers	Long Jump	Outdoor
	*Sandu Rebenciuc	1500	Indoor				
1992	*Sandu Rebenciuc	10,000	Outdoor				
	*Sandu Rebenciuc	1500	Outdoor				
	*Trent Morrell	5000	Outdoor				
	*Sandu Rebenciuc	1500	Indoor				
1991	Sandu Rebenciuc	1500	Outdoor				
	Sandu Rebenciuc	1500	Indoor				
1990	Dave Terronez	10,000	Outdoor				
	Dave Terronez	5000	Outdoor				
	Frank Novak	Shot Put	Outdoor				
1989	Dave Terronez	1500	Outdoor				

\* - NCAA national champion

# AUGUSTANA ALL-TIME PERFORMANCE LIST

## 100

:10.60	Kofi Osei	1981
:10.71	Alex Rindone	2010
:10.71	Kyle Poston	1997
:10.74	Brad Blake	2000
:10.74	George Velasquez	1984
:10.81	Max Petersen	2010
:10.82	Leland Stanford	1985
:10.84	Brad Price	1987
:10.84	Mike Wallace	1988
:10.91	Eliot Mosby	2000

## 200

:21.69	Kyle Poston	1997
:21.71	Brad Blake	2000
:21.74	Leland Stanford	1986
:21.83	Alex Rindone	2010
:21.84	Eugene DeBoise	1970
:21.94	Mike Meyer	1979
:21.95	Mike Lucchetti	2008
:22.03	Evan Holschbach	2008
:22.04	Rob Lee	1995
:22.04	Tom Sparkman	1979
:22.04	Brad Price	1984
:22.04	Mark Schaefer	1967
:22.04	Mike Wallace	1988

## 400

:47.84	Mike Meyer	1980
:47.98	Rob Lee	1995
:48.43	Chris Dryer	1999
:48.44	Enyo Dewith	1975
:48.54	Greg Patton	2010
:48.64	Ken Harris	1986
:48.64	Mark Schaefer	1967
:48.66	Dan Markham	1991
:48.74	Mike Wallace	1988
:48.74	Eugene DeBoise	1968

## 800

1:51.44	Rich Hansen	1969
1:51.64	Ricci Washburn	1982
1:51.64	Ambo Bati	1995
1:51.74	Tom Todd	1975
1:51.83	Sandu Rebenciuc	1994
1:52.14	Dan Markham	1991
1:52.17	Tom Krieger	1986
1:52.25	Mike Bartlett	2003
1:52.34	Dave Terronez	1988
1:52.58	Nate Roe	1997

## 1500

3:43.15	Sandu Rebenciuc	1992
3:48.44	Ambo Bati	1996
3:48.85	Eric Volkert	1984
3:49.28	Steve Gramsch	1981
3:49.36	Mahlon Ericson	1982
3:50.8	Dave Terronez	1990
3:50.8	Tony VanDeWalle	1987
3:50.9	John Hammermeister	1978
3:51.1	Trent Morrell	1992
3:52.4	John Isbell	1980

## MILE

4:04.1	Ambo Bati	1996
4:04.98	Sandu Rebenciuc	1992
4:10.3	Tony VanDeWalle	1985
4:10.4	Tim Garrity	1977
4:10.7	John Hammermeister	1978
4:11.34	Trent Morrell	1992
4:11.3	Fred Whiteside	1974
4:11.7	Steve Gramsch	1982
4:11.8	Dan Copper	1977
4:13.1	Larry Gant	1999
4:13.1	John Isbell	1980

## 3000 STEEPLECHASE

8:58.04	Sandu Rebenciuc	1993
9:02.73	Rob Jensen	1981
9:05.36	Andy Kubiak	2009
9:06.29	Nick Johnson	2006
9:08.8	Randy Bill	2004
9:11.27	Jeff Kollmeyer	1990
9:12.67	Brad Holehan	2007
9:16.0	Steve Sandino	1977
9:19.5	Rich Moore	1979
9:20.5	Steve Gramsch	1981

## THREE MILE

13:46.8	Dan Copper	1977
14:06.5	John O'Connor	1974
14:20.7	Bob D. Wilson	1973

## 5000

14:21.52	Ambo Bati	1996
14:24.25	Shemi Sabag	1984
14:27.5	Tony Hurd	1981
14:31.5	Dan Copper	1978
14:32.7	Dave Terronez	1990
14:36.1	Trent Morrell	1992
14:36.51	Sandu Rebenciuc	1993
14:46.26	Dan Leonard	2008
14:46.94	Kent Anderson	1998
14:48.0	Rob Jensen	1981

## 10,000

29:45.00	Sandu Rebenciuc	1992
29:49.60	Ambo Bati	1996
30:18.48	Shemi Sabag	1984
30:29.9	Tony Hurd	1980
30:34.85	Dan Copper	1978
30:43.79	Rob Jensen	1980
30:44.37	Dave Terronez	1990
30:58.94	Matt Bowman	2010
31:05.83	Dan Bailey	2009
31:19.66	Chris Zook	2010

## 110 HIGH HURDLES

:14.55	Ted McMillan	2008
:14.64	Jesse Heath	1997
:14.74	Gary Kwak	1992
:14.74	Joe Butler	1988
:14.81	Rob Lathrop	1987
:14.84	Kevin Stille	1979
:14.94	Jim Weber	1993
:14.82	Doug Sundquist	1979
:14.84	Chris Martin	1993
:14.85	Kevin Knourek	1982

## 400 INTERMEDIATE HURDLES

:51.21	Ted McMillan	2008
:52.55	Mark Zemke	1996
:52.69	Ken Harris	1986
:53.14	Tony Haid	2000
:53.24	Jim Braet	1969
:53.24	Tony Cornelious	1974
:53.71	Steve Immke	1984
:53.83	Mark Reade	1992
:53.84	Jon Micetich	1989
:53.84	Gary Kwak	1991

## LONG JUMP

24-6 1/4	Rod Slover	1976
24-6	Geoff Smithers	1968
23-10	Doug Harris	1990
23-7	Socrates Catavatis	1979
23-6 1/2	Dave Jagger	1970
23-6	Clark Collins	1990
23-6	Eric Welgat	1986
23-4 3/4	Chet Jacks	1978
23-4	Nick Kasap	1985
23-3 1/2	Brian Miller	2000

## TRIPLE JUMP

48-2	Pat Zeunik	2010
48-0 1/4	Geoff Smithers	1968
47-5 1/4	Dave Jagger	1969
47-5	Greg Colberg	1984
47-3	Mark Nelson	1996
46-9 3/4	Phil Hess	1972
46-3 1/4	Craig Lyon	1998
46-0	Ken Larson	2001
45-10 1/2	Socrates Catavatis	1980
45-10	Brian Miller	1998

## SHOT PUT

54-8 1/4	David Dempsey	1999
54-7 1/2	Ryan Carpenter	1995
53-1 3/4	Tim Holmstrom	1986
52-9	Frank Novak	1990
52-8 3/4	Darin Decker	2010
52-4 3/4	David Gonzalez	2003
51-10	Doug Cochrane	2005
51-2 1/2	Trent Sellers	1991
51-2	Don Jaggars	1972
51-1	Chris Swanson	1971
51-1	Mike Turk	1984

## OLD RULES JAVELIN

231-3	Mike McCoy	1978
219-8	Jim Ogan	1968
218-1	Carl Anderson	1978
195-3	Randy Ems	1977
194-5	John Jacobs	1970

## NEW RULES JAVELIN

197-7	Eric Welgat	1988
196-7	Jon Sebbby	2007
190-7	Doug Harris	1990
189-11	Jerry Howland	1985
188-1	David Voorhees	1999
186-6	Jeff Lackaff	2009
185-3	Todd Baldwin	2002
184-2	Mike Hesler	1992
182-8	Jeff Allen	1990

# AUGUSTANA ALL-TIME PERFORMANCE LIST

## POLE VAULT

16-7	Corey Christenson	1994
16-4 3/4	Jeff Lindeman	2003
16-1 1/4	Wes Jackson	2008
16-0 1/2	Dustin Waddell	1999
16-0	John Thompson	2008
16-0	Doug Felder	1976
16-0	Brett Anderson	1982
15-11	Tony Bonucci	2002
15-9 1/4	Steve Sulfridge	2008
15-9	Jim Eike	1981
15-9	Dan Rakestraw	1996

## HIGH JUMP

7-3	Craig Lyon	1998
7-0	Ted McMillan	2006
6-10 3/4	Lonnie Hewitt	1980
6-10	Greg Haynie	1978
6-9	John Stanek	1973
6-8 3/4	Chris Cramer	1994
6-8 1/4	Chris Boldt	1997
6-8	Mike Schipper	1990
6-8	Todd Milbourn	1991
6-8	Bill Calliss	1990

## DISCUS

172-11	Phil Christensen	2010
170-4	Dave Lingner	1981
167-2	Steve Perry	1973
166-5	Matt Dutton	1996
164-4	Bob Scott	1974
163-4	Jim Zajicek	1993
162-3	Pat Hoefle	2010
161-10	Tim Holmstrom	1986
161-2	David Gonzalez	2003
157-3	Tom McIntire	2005

## HAMMER THROW

185-7	Tom McIntire	2005
184-10	Darin Decker	2009
166-10	Adam Myers	2010
165-3	Phil Christensen	2010
162-0	Brian Benning	2010
161-3	David Gonzalez	2003
153-11	Ryan Coleman	2007

## DECATHLON

6901	Socrates Catavatis	1981
6644	Dan Rakestraw	1996
6595	Ted McMillan	2008
6492	Alex Stake	2009
6409	David Voorhees	2000
6391	Dennis VanderMeersch	1983
6364	Adam Talbot	2001
6053	Lincoln Bode	1984
6032	Clark Collins	1990
6007	Mike Dzik	1984

## 400 RELAY

:41.00	Terry McMillan	1980
	Kofi Osei	
	Tom Sparkman	
	Mike Meyer	
:41.78	Max Petersen	2010
	Greg Patton	
	James Wood	
	Alex Rindone	
:41.84	Geoff Smithers	1967
	Jim Braet	
	Paul Carlstedt	
	Mark Schaefer	
:41.85	Scott Tumilty	1996
	Mark Zemke	
	Kyle Poston	
	Rob Lee	
:41.90	David Walton	1996
	Mark Zemke	
	Kyle Poston	
	Rob Lee	
:42.01	Jacob O'Rourke	2010
	Greg Patton	
	James Wood	
	Alex Rindone	
:42.04	Brad Price	1986
	Darin Davis	
	Dennis Fraikes	
	Leland Stanford	
:42.17	Brad Price	1984
	Kofi Osei	
	Ed Branigan	
	Leland Stanford	
:42.18	Brad Blake	2000
	Elliot Mosby	
	Nick Peck	
	Brian Miller	
:42.25	Jason Appel	2006
	Jay Watson	
	Rich Chanchico	
	Evan Holschbach	

## 1600 RELAY

3:13.13	Nate Hurt	1996
	Scott Tumilty	
	Mark Zemke	
	Rob Lee	
3:13.35	Greg Davis	2010
	Greg Patton	
	Matt Somers	
	Nick Borchert	
3:13.91	Evan Holschbach	2008
	Kyle Eckberg	
	Matt Somers	
	Ted McMillan	
3:14.34	Mike Lucchetti	2005
	Jay Watson	
	Dillon Smith	
	Jason Myers	
3:14.33	Nate Hurt	1995
	Scott Tumilty	
	Mark Zemke	
	Rob Lee	
3:14.34	Tony Cornelious	1975
	Dennis Hartz	
	Bill Yemm	
	Enyo Dewith	

3:14.64	Jim Braet	1969
	Eugene DuBois	
	Rich Hansen	
	Vasillious Stambolis	
3:14.92	Nick Peck	1998
	Randy Moore	
	Mike Tazic	
	Chris Dryer	
3:15.04	Kurt Redenbo	1982
	Tim Sparkman	
	Jim Coster	
	Tom Sparkman	
3:15.26	Kyle Ekberb	2007
	Dillon Smith	
	Jay Watson	
	Ted McMillan	

## 3200 RELAY

7:31.31	Mark Salaway	1983
	Dan Harlan	
	Eric Volkert	
	Ricci Washburn	
7:33.5	Dennis Hartz	1974
	Tom Todd	
	Bill Yemm	
	Fred Whiteside	
7:37.3	Dave Terronez	1989
	Trent Morrell	
	Dan Markham	
	Kevin Severson	
7:38.30	Brandon Vahl	2002
	Mike Bartlett	
	Ammon Paquette	
	Brad Cosentino	
7:39.90	Erik Nicoson	1996
	Nate Roe	
	Brett Dailey	
	Ambo Bati	
7:41.3	Dan Papineau	1981
	Mahlon Ericson	
	Steve Gramsch	
	Mark Nordstrom	
7:41.67	Larry Gant	2000
	Dave Quale	
	Matt Delagrange	
	Craig Lawrence	
7:41.7	Tony VanDeWalle	1985
	Doug Sand	
	Tom Krieger	
	Eric Volkert	
7:44.2	Ambo Bati	1994
	Erik Nicoson	
	Doug Bickford	
	Sandu Rebenciuc	



# AUGUSTANA INDIVIDUAL CCIW CHAMPIONS

2010	Indoor Patrick Zeunik (Triple Jump); Alex Rindone (200) Outdoor 400 Relay - Max Petersen, Greg Patton, James Wood, Alex Rindone; Darin Decker (Shot Put); Greg Davis (110 High Hurdles, 400 IH); Alex Rindone (100 & 200); Phil Christensen (Discus); Alex Stake (Decathlon)	1996	Kyle Poston (100); Rob Lee (400); Ambo Bati (1500, 5000, & 10,000); Mark Zemke (400 IH); Corey Christenson (PV); Dan Rakestraw (DEC); 400 Relay - Corey Christenson, Mark Zemke, Kyle Poston & Rob Lee; 1600 Relay - Nathan Hurt, Mark Zemke, Chris Dryer & Rob Lee.	1977	Mark Cipolle (400 IH); Dan Copper (5000 & 10,000); Carl Anderson (JAV); Greg Haynie (HJ).
2009	Indoor Ted McMillan (pentathlon, HJ, 55 Hurdles); 1600 Medley - Ted McMillan, Evan Holschbach, Kyle Eckberg, Nick Borchert; Pat Zeunik (Triple Jump) Outdoor Darin Decker (Hammer, DIS); Ted McMillan (HJ & 110 HH); Max Petersen (100 & 200); 400 Relay - Max Petersen, James Wood, Marty King, Kyle Eckberg; 1600 Relay - Greg Davis, James Wood, Nick Borchert, Kyle Eckberg; Greg Davis (400 IH); Andy Kubiak (3000 ST)	1995	Rob Lee (200 & 400); Ambo Bati (1500 & 10,000); Ryan Carpenter (SP); Matt Dutton (DIS); 1600 Relay - Nathan Hurt, Brett Dailey, Mark Zemke & Rob Lee.	1976	Doug Felder (PV); Mike McCoy (JAV).
2008	Indoor Ted McMillan (55 & HJ); 1600 Relay - Evan Holschbach, Kyle Ekberg, Matt Somers, Ted McMillan. Outdoor Ted McMillan (110 HH & 400 IH); Brad Holehan (3000 ST) 1600 relay - Evan Holschbach, Kyle Ekberg, Matt Somers, Ted McMillan	1994	Ambo Bati (800 & 1500); Sandu Rebenciuc (3000 ST); Ryan Carpenter (SP); Chris Cramer (HJ); Corey Christenson (PV).	1975	Dan Copper (10,000); Mike McCoy (JAV); Phil Hess (LJ & TJ); Enyo DeWith (400); Doug Felder (PV); 1600 Relay - Tony Cornelious, Bill Yemm, Tom Todd & Enyo DeWith.
2007	Indoor Rob Hanauer (800); Jeff Bailey (500); Ted McMillan (55 HH & HJ) Outdoor Ted McMillan (110 HH & 400 IH); Brad Holehan (3000 ST); Dave Winston (HJ); Jon Sebby (JAV)	1993	Sandu Rebenciuc (1500); Chris Martin (400 IH); Clark Collins (DEC).	1974	Joe Thompson (PV); Enyo DeWith (400); Phil Hess (TJ); Tony Cornelious (400 IH); Bob Scott (SP); 400 Relay - Enyo DeWith, Scott Stephens, Andre Franklin & Jim Kozlowsky; 1600 Relay - Scott Stephens, Bill Yemm, Dennis Hartz & Enyo DeWith.
2006	Indoor Tom McIntire (35 WT) Outdoor Nick Johnson (3000 ST); Ted McMillan (400 IH & HJ); Tom McIntire (Hammer); Jason Petit (PV)	1992	Sandu Rebenciuc (1500, 5000 & 10,000); Jim Zajicek (DIS); Gary Kwak (110 HH); Clark Collins (DEC).	1973	Mike O'Connell (PV); Enyo DeWith (400 & LJ); Tony Cornelious (400 IH); John Stanek (HJ); 1600 Relay - Craig Beveroth, Scott Stephens, Pete Holmer & Enyo DeWith.
2005	Indoor Tom McIntire (35 WT); Doug Cochrane (SP) Outdoor David Winston (400 IH); Tom McIntire (Hammer); Doug Cochrane (SP)	1991	Sandu Rebenciuc (800 & 1500); Dan Markham (400); Gary Kwak (110 HH); Mike Hesler (JAV).	1972	Pete Holmer (400); Phil Hess (TJ); Tony Cornelious (400 IH); 1600 Relay - Craig Anderson, John Holmer, Rich Hansen & Pete Holmer.
2004	Indoor 800 Relay - Dillon Smith, Joe Mastrino, Micah Kelsey, Jason Myers; Tom McIntire (35 WT) Outdoor Jason Williams (800); Nick Johnson (3000 Steeplechase); Ken Larson (Triple Jump); Tom McIntire (Hammer)	1990	Frank Novak (SP); Jeff Kollmeyer (3000 ST); Dave Terronez (5000 & 10,000); Mike Schipper (HJ).	1971	Gary Holliday (PV); Pete Holmer (200); Jon Jacobs (JAV).
2003	Indoor Mike Bartlett (800); David Gonzalez (35 WT) Outdoor Brad Blake (100); Mike Bartlett (800); Nick Johnson (3000 steeplechase); Jeff Lindeman (pole vault); David Gonzalez (shot put); Adam Talbot (decathlon)	1989	Frank Novak (SP); Jim Jennings (DIS) Jeff Kollmeyer (3000 ST).	1970	Gene DeBoise (200 & 400); Dave Jagger (TJ & LJ); Jon Jacobs (JAV); Jeff Johnson (HJ); 1600 Relay - Gene DeBoise, Bill Stambolis, Rich Hansen & Pete Holmer.
2002	Indoor Rudy Kovachevich (5000); David Gonzalez (35 WT) Outdoor Tony Bonucci (PV); Adam Talbot (DEC)	1988	Jim Jennings (DIS); Dave Knoeppel (PV); 1600 Relay - Joe Butler, Jon Micetich, Gary Katula & Darin Davis.	1969	Dave Jagger (TJ & LJ); Rich Hansen (800); Bill Stambolis (200); Jim Braet (400 IH); Jeff Johnson (HJ); 1600 Relay - Jim Braet, Gene DeBoise, Bill Stambolis & Rich Hansen.
2001	Indoor Brad Blake (55); Tony Bonucci (PV); David Gonzalez (35 WT); Distance Medley - Steve Wahls, Tim Heisler, Chris Coon, Craig Lawrence	1987	Jeff Kollmeyer (3000 ST).	1968	Gene DeBoise (400); Geoff Smithers (TJ); Paul Carlstedt (100 & 200); Dave Jagger (LJ); Marty Creager (5000); Jim Ogan (JAV); 1600 Relay - Jim Braet, Dave Rideniour, Gene DeBoise & Jim Ogan.
2000	David Voorhees (DEC).	1986	Tim Holmstrom (SP); Doug Atkinson (PV); Leland Stanford (200); 400 Relay - Brad Price, Dennis Fraikes, Darin Davis & Leland Stanford.	1967	Mark Schaefer (200 & 400); Jim Ogan (JAV); Geoff Smithers (LJ, HJ & TJ); Marty Creager (800); Jim Braet (400 IH); 1600 Relay - Marty Creager, Jim Braet, Jim Ogan & Mark Schaefer
1999	Chris Dryer (400); Dustin Waddell (PV); David Voorhees (JAV & DEC); 1600 Relay - Chris Dryer, Nick Peck, Randy Moore & Mike Tazic.	1985	Eric Volkert (1500); Ken Harris (400 IH); Phil Lundahl (JAV); Tim Holmstrom (DIS); Nick Kasap (LJ); Doug Sand (800); Mike Turk (SP).	1966	Mark Schaefer (400); Jim Ogan (JAV); Geoff Smithers (LJ & HJ); Jim Braet (110 HH); 1600 Relay - Paul Carlstedt, John Coolidge, Jim Braet & Mark Schaefer.
1998	Ambo Bati (5000 & 10,000); Chris Chantos (400 IH); David Voorhees (JAV).	1984	Eric Volkert (1500); Shemi Sabag (5000); Steve Immke (400 IH); Nick Kasap (LJ); John Roche (PV); Mike Turk (SP).	1965	Jim Ogan (400 & PV); John Coolidge (800); Ken Young (400 IH); 400 Relay - Ira Weisberg, Les Swenson, Ken Young & Paul Carlstedt; 1600 Relay - Jim Ogan, Paul Carlstedt, Ken Young & John Coolidge.
1997	Kyle Poston (100 & 200); Jesse Heath (110 HH); Dustin Waddell (PV); Chris Boldt (HJ).	1983	Ric Washburn (800); Shemi Sabag (5000); Barry Clayton (110 HH); Greg Colberg (TJ); John Roche (PV); Dennis Vandermeersch (DEC).	1964	Dave Clark (400); Fred Whiting (100); John Coolidge (800); 400 Relay - Paul Matson, Dave Clark, Mark Schaefer & Fred Whiting; 1600 Relay - Mark Schaefer, Ken Young, Dave Clark & Paul Matson.
		1982	Kofi Osei (100); Kevin Knourek (110 HH); Steve Gramsch (1500); Lonnie Hewitt (HJ); Jerry Kirkpatrick (JAV); Brett Anderson (PV); Socrates Catavatis (DEC); 1600 Relay - Tim Sparkman, Tom Sparkman, Jim Coster & Kurt Redenbo.	1963	Carl Mason (JAV); Ward Thompson (PV).
		1981	Socrates Catavatis (DEC & LJ); Brett Anderson (PV); Lonnie Hewitt (HJ); Rob Jensen (3000 ST); Dave Lingner (DIS); Steve Gramsch (1500); Greg Colberg (TJ); Kofi Osei (100); Tony Hurd (5000); 400 Relay - Terry McMillan, Norm Ross, Tom Sparkman & Kofi Osei.	1962	Fred Whiting (100); Ward Thompson (PV).
		1980	Mel Blaser (JAV); Socrates Catavatis (DEC & LJ); Rob Jensen (3000 ST); Dave Lingner (DIS); Mike Meyer (100 & 200); Mark Nordstrom (800); Brett Anderson (PV); 400 Relay - Terry McMillan, Kofi Osei, Tom Sparkman & Mike Meyer; 1600 Relay - Tim Sparkman, Mike Barber, Tom Sparkman & Mike Meyer.	1961	Arv Herstedt (SP); Jerry Frei (LJ); 1600 Relay.
		1979	Mark Schick (PV); Mike Meyer (200); Chet Jacks (LJ); Greg Haynie (HJ); Rich Moore (3000 ST); Dave Lingner (DIS); 400 Relay - Terry McMillan, Tom Sparkman, Mark Zoran & Mike Meyer; 1600 Relay - Tim Sparkman, Randy Davidson, Tom Sparkman & Mike Meyer.	1960	Gary Wieneke (800); Arv Herstedt (SP).
		1978	Mark Schick (PV); Carl Anderson (JAV); Greg Haynie (HJ).	1959	Arv Herstedt (DIS); 1600 Relay
				1953	Bill Johnson (PV).
				1952	Dave Exline (200); Bill Johnson (PV).
				1949	Richard Bjork (100 & 200); George Nelson (JAV).
				1948	Robert Downing (HJ).

# TRACK & FIELD ALL-TIME LETTERWINNERS

A  
 Achterhoff, Marvin – 1946,47,48,49  
 Ackeberg, Harry – 1953  
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 Adams, Jeff – 1995, 96, 98, 99  
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B  
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 Wisser, Billy - 2010  
 Woelffe, Karl - 1978, 79, 80, 81  
 Wojtas, Maciek - 2009  
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 Zelenik, Brian - 1995  
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 Zemke, Mark - 1993, 94, 95, 96  
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 Zook, Chris - 2007, 08, 09, 10  
 Zoran, Mark - 1976, 77, 78, 79  
 Zumbahlen, Ryan - 1992  
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# AUGUSTANA VIKINGS MEN'S TRACK & FIELD HISTORY

YEAR	W	L	CONF	NCAA	COACH						
1919	0	1			A.V. Swedberg	1982	1	0	@1 <sup>st</sup>	10 <sup>th</sup>	Paul Olsen
1921	1	1			A.V. Swedberg	1983	1	0	@1 <sup>st</sup>	20 <sup>th</sup>	Paul Olsen
1922	0	3			A.V. Swedberg	1984	1	0	@1 <sup>st</sup>	10 <sup>th</sup>	Paul Olsen
1923	0	2			A.V. Swedberg	1985	0	1	@2 <sup>nd</sup>	—	Paul Olsen
1924	0	2			A.V. Swedberg	1986	2	1	@2 <sup>nd</sup>	42 <sup>nd</sup>	Paul Olsen
1925	0	3			A.V. Swedberg	1987	0	1	@2 <sup>nd</sup>	41 <sup>st</sup>	Paul Olsen
1926	0	3			A.V. Swedberg	1988	1	0	@2 <sup>nd</sup>	61 <sup>st</sup>	Paul Olsen
1927	0	2			A.V. Swedberg	1989	0	0	@2 <sup>nd</sup>	52 <sup>nd</sup>	Paul Olsen
1928	3	2			A.V. Swedberg	1990	0	0	@2 <sup>nd</sup>	22 <sup>nd</sup>	Paul Olsen
1929	3	1			A.V. Swedberg	1991	0	0	@2 <sup>nd</sup>	32 <sup>nd</sup>	Paul Olsen
1930	2	2			A.V. Swedberg	1992	0	0	@2 <sup>nd</sup>	7 <sup>th</sup>	Paul Olsen
1931	1	5			A.V. Swedberg	1993	0	0	@2 <sup>nd</sup>	9 <sup>th</sup>	Paul Olsen
1932	2	1			Bill Kaminski	1994	0	0	@2 <sup>nd</sup>	8 <sup>th</sup>	Paul Olsen
1933	1	2			Bill Kaminski	1995	0	0	@2 <sup>nd</sup>	5 <sup>th</sup> (out)	Paul Olsen
1934	1	2			Bill Kaminski					6 <sup>th</sup> (in)	
1935	1	6			Bill Kaminski	1996	2	0	@2 <sup>nd</sup>	4 <sup>th</sup> (out)	Paul Olsen
1936	3	4			H.V. Almquist					10 <sup>th</sup> (in)	
1937	4	2			H.V. Almquist	1997	0	0	@2 <sup>nd</sup>	10 <sup>th</sup> (in)	Paul Olsen
1938	8	0	*5 <sup>th</sup>		L.C. Brissman	1998	0	1	@2 <sup>nd</sup>	22 <sup>nd</sup> (out)	Paul Olsen
1939	6	1	*6 <sup>th</sup>		L.C. Brissman					6 <sup>th</sup> (in)	
1940	0	6	*8 <sup>th</sup>		L.C. Brissman	1999	0	1	@2 <sup>nd</sup>	56 <sup>th</sup> (out)	Paul Olsen
1941	1	4	*4 <sup>th</sup>		L.C. Brissman	2000	0	1	@2 <sup>nd</sup> (out)	56 <sup>th</sup> (out)	Paul Olsen
1942	1	5	*9 <sup>th</sup>		John Briley				@2 <sup>nd</sup> (in)	27 <sup>th</sup> (in)	
1943	1	3	*5 <sup>th</sup>		L.C. Brissman	2001	0	1	@3 <sup>rd</sup> (out)	62 <sup>nd</sup> (out)	Paul Olsen
1944	2	1	*2 <sup>nd</sup>		L.C. Brissman				@2 <sup>nd</sup> (in)	30 <sup>th</sup> (in)	
1945	6	2	*1 <sup>st</sup>		L.C. Brissman	2002	0	1	@2 <sup>nd</sup> (out)	—	Paul Olsen
1946	1	6	#4 <sup>th</sup>		L.C. Brissman				@3 <sup>rd</sup> (in)	—	
1947	3	2	#2 <sup>nd</sup>		Vince Lundeen	2003	1	0	@2 <sup>nd</sup> (out)	56 <sup>th</sup> (out)	Paul Olsen
1948	4	1	#5 <sup>th</sup>		Vince Lundeen				@3 <sup>rd</sup> (in)	—	
1949	4	2	#2 <sup>nd</sup>		Vince Lundeen	2004	0	0	@2 <sup>nd</sup> (out)	—	Paul Olsen
1950	3	4	#4 <sup>th</sup>		Vince Lundeen		0	0	@2 <sup>nd</sup> (in)	—	
1951	3	2	#3 <sup>rd</sup>		Vince Lundeen	2005	0	0	@3 <sup>rd</sup> (out)	39 <sup>th</sup>	Paul Olsen
1952	2	2	#4 <sup>th</sup>		Vince Lundeen		0	0	@4 <sup>th</sup> (in)	—	
1953	0	3	#5 <sup>th</sup>		Vince Lundeen	2006	0	0	@2 <sup>nd</sup> (out)	18 <sup>th</sup>	Paul Olsen
1954	0	7	#4 <sup>th</sup>		Vince Lundeen		0	0	@2 <sup>nd</sup> (in)	26 <sup>th</sup>	
1955	3	4	#4 <sup>th</sup>		L.C. Brissman	2007	0	0	@2 <sup>nd</sup> (out)	8 <sup>th</sup>	Paul Olsen
1956	3	3	#4 <sup>th</sup>		L.C. Brissman		0	0	@2 <sup>nd</sup> (in)	45 <sup>th</sup>	
1957	3	2	#6 <sup>th</sup>		L.C. Brissman	2008	0	0	@1 <sup>st</sup> (out)	16 <sup>th</sup>	Paul Olsen
1958	2	3	#8 <sup>th</sup>		L.C. Brissman		1	0	@2 <sup>nd</sup> (in)	46 <sup>th</sup>	
1959	3	3	#5 <sup>th</sup>		L.C. Brissman	2009	0	0	@2 <sup>nd</sup> (out)	44 <sup>th</sup>	Paul Olsen
1960	3	2	#3 <sup>rd</sup>		L.C. Brissman		2	0	@2 <sup>nd</sup> (in)	11 <sup>th</sup>	
1961	3	2	#4 <sup>th</sup>		Ray Loeschner	2010	0	0	@1 <sup>st</sup> (out)	38 <sup>th</sup>	Paul Olsen
1962	3	2	#4 <sup>th</sup>		L.C. Brissman		0	0	@2 <sup>nd</sup> (in)	55 <sup>th</sup>	Paul Olsen
1963	4	1	#5 <sup>th</sup>		L.C. Brissman						
1964	3	1	#1 <sup>st</sup>		L.C. Brissman						
1965	4	2	#1 <sup>st</sup>		L.C. Brissman						
1966	4	1	#2 <sup>nd</sup>		Armin Pipho						
1967	6	0	#1 <sup>st</sup>		Armin Pipho						
1968	7	1	@1 <sup>st</sup>		Armin Pipho						
1969	2	5	@1 <sup>st</sup>	35 <sup>th</sup>	Paul Olsen						
1970	4	2	@1 <sup>st</sup>	—	Paul Olsen						
1971	4	1	@2 <sup>nd</sup>	—	Paul Olsen						
1972	4	0	@1 <sup>st</sup>	—	Paul Olsen						
1973	6	1	@1 <sup>st</sup>	40 <sup>th</sup>	Paul Olsen						
1974	4	0	@1 <sup>st</sup>	6 <sup>th</sup>	Paul Olsen						
1975	1	1	@2 <sup>nd</sup>	2 <sup>nd</sup>	Paul Olsen						
1976	2	2	@2 <sup>nd</sup>	25 <sup>th</sup>	Paul Olsen						
1977	3	1	@2 <sup>nd</sup>	16 <sup>th</sup>	Paul Olsen						
1978	4	0	@2 <sup>nd</sup>	19 <sup>th</sup>	Paul Olsen						
1979	5	0	@2 <sup>nd</sup>	34 <sup>th</sup>	Paul Olsen						
1980	5	0	@1 <sup>st</sup>	4 <sup>th</sup>	Paul Olsen						
1981	4	1	@1 <sup>st</sup>	2 <sup>nd</sup>	Paul Olsen						

\* - Illinois Collegiate Conference (Little 19)

# - College Conference of Illinois

@ - College Conference of Illinois & Wisconsin

# The College Conference of Illinois and Wisconsin

Now in its 65<sup>th</sup> year, the College Conference of Illinois & Wisconsin (CCIW) enjoys a reputation as the “Best Small-College Conference in the Nation.” The league was formed with nine charter members (Augustana, Carthage, Elmhurst, Illinois College, Illinois Wesleyan, Lake Forest, Millikin, North Central and Wheaton) on April 26, 1946 in Jacksonville, Illinois. Competition opened in the 1946-47 academic year as the College Conference of Illinois.

Carthage left the conference in 1952 but returned in 1961. In 1967 the name was changed to the College Conference of Illinois & Wisconsin to recognize Carthage, which had moved to Kenosha, Wisconsin from Carthage, Illinois in 1962, and Carroll, which entered the league in 1955.

As is often the case with athletic conferences, CCIW membership has experienced some changes since the league’s inception. After Carthage left in 1952, Illinois College withdrew the following year. Elmhurst and Wheaton left following the 1959-60 academic year. Wheaton rejoined for all sports but football in 1967 and then for football in 1970. Elmhurst rejoined in the fall of 1967 for all sports but football and for football in the 1968 season. Carroll joined officially with the 1955 spring sports seasons. Carthage returned in 1961 and North Park entered the following fall. Lake Forest dropped out at the end of the 1962-63 year. The last change in CCIW membership came following the 1991-92 season when Carroll withdrew.

Now eight members strong, the CCIW continues its tradition of athletic and academic excellence. The league sanctioned women’s sports for the first time in the 1986-87 school year and Augustana participated in the first ever women’s competition. That was on September 14, 1986 when the Vikings met North Central in a volleyball match that was held at Elmhurst College.

The College Conference of Illinois & Wisconsin sanctions 21 sports: baseball, men’s and women’s basketball, men’s and women’s cross country, football, men’s and women’s golf, men’s and women’s soccer, softball, men’s and women’s swimming, men’s and women’s tennis, men’s and women’s indoor track & field, men’s and women’s outdoor track & field, volleyball and wrestling.

Augustana will welcome its 11th women’s varsity sport, lacrosse, for the 2010-11 season. Augustana will also be welcoming men’s lacrosse as its 12th men’s varsity sport for the 2011-12 season. Neither women’s nor men’s lacrosse is not currently a CCIW sport.

Augustana owns more CCIW team championships than any other school in the league with 174 total. Of those 174, the men have won 136 and 38 belong to the women.

The CCIW began to award championships in wrestling in 1957 and since that time Augustana has dominated with a total of 36 out of a possible 51 titles. The Vikings had a streak of 10 straight from 1963 through 1972 and 15 consecutive from 1982 through 1996.

## Augustana’s All-Time Team CCIW Champions

### MEN (136)

BASEBALL: 1952-65-68-74 (Division Champs in 1989-96)

BASKETBALL: 1963-71-72-73-74-81-82-93-03-06-07-08

CROSS COUNTRY: 1969-70

FOOTBALL: 1949-66-68-75-81-82-83-84-85-86-87-88-90-91-93-94-97-99-01-05-06

GOLF: 1955-64-65-66-69-72-73-75-76-78-79-80-81-82-97-99

SOCCER: 2002

SWIMMING & DIVING: 1947-48-49-67-69-70-71-82

TENNIS: 1947-48-55-56-60-65-66-67-68-70-72-74-75-77-78-81-82-83-84-85

TRACK & FIELD: 1964-65-67-68-69-70-72-73-74-80-81-82-83-84-08-10

WRESTLING: 1963-64-65-66-67-68-69-70-71-72-74-75-79-80-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-98-99-00-01-02-03-04

### WOMEN (38)

BASKETBALL: 1987-89-90-91-93

CROSS COUNTRY: 1990-91-94-96-97-98

SOCCER: 2009

SOFTBALL: 2004-06

SWIMMING & DIVING: 1988-89-90-93-95-97

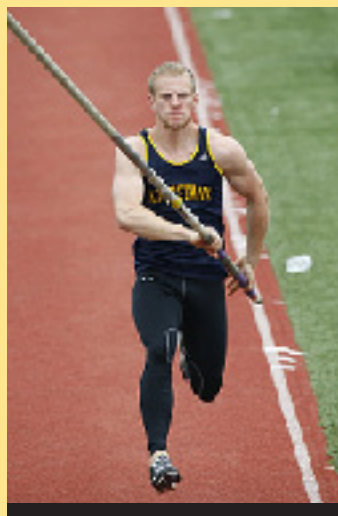
TENNIS: 1993-94-96-97

TRACK & FIELD: 1988-91-93-94-95-96-97-98-99-00-01-08

VOLLEYBALL: 1996-01







## 2011 Men's Track and Field Schedule

DATE	MEET	SITE	TIME
<b>INDOOR</b>			
<b>Jan. 8</b>	<b>Intrasquad</b>	<b>HOME</b>	<b>TBA</b>
Jan. 15	Spartan Invitational	Dubuque, IA	11:00 a.m.
Jan. 22	Midwest Invitational	Monmouth, Illinois	11:00 a.m.
Jan. 29	Wartburg Invitational	Waverly, Iowa	11:00 a.m.
Feb. 4	Warhawk Invitational	Whitewater, Wisconsin	6:00 p.m.
<b>Feb. 12</b>	<b>Augustana Open</b>	<b>HOME</b>	<b>10:00 a.m.</b>
<b>Feb. 17</b>	<b>St. Ambrose</b>	<b>HOME</b>	<b>5:00 p.m.</b>
Feb. 19	Dubuque Open	Dubuque, Iowa	1:00 p.m.
Feb. 25	CCIW Championships	Bloomington, Illinois	3:00 p.m.
Feb. 26	CCIW Championships	Bloomington, Illinois	11:00 a.m.
Mar. 5	UW-Pointer Qualifier	Stevens Point, Wisconsin	11:00 a.m.
Mar. 11	NCAA Division III	Columbus, Ohio	All Day
Mar. 12	NCAA Division III	Columbus, Ohio	All Day
<b>OUTDOOR</b>			
<b>Mar. 19</b>	<b>Early Spring Opener</b>	<b>HOME</b>	<b>Noon</b>
<b>Mar. 25</b>	<b>Viking Olympics</b>	<b>HOME</b>	<b>4:00 p.m.</b>
<b>Mar. 26</b>	<b>Viking Olympics</b>	<b>HOME</b>	<b>Noon</b>
Apr. 2	Wartburg Select	Waverly, Iowa	Noon
Apr. 8	Western Illinois Invitational	Macomb, Illinois	4:00 p.m.
Apr. 9	Western Illinois Invitational	Macomb, Illinois	9:00 a.m.
<b>Apr. 16</b>	<b>Meet of Champions</b>	<b>HOME</b>	<b>Noon</b>
Apr. 23	Dubuque Open	Dubuque, Iowa	11:00 a.m.
Apr. 29	Drake Relays	Des Moines, Iowa	All Day
Apr. 30	Drake Relays	Des Moines, Iowa	All Day
Apr. 30	Loras Invitational	Dubuque, Iowa	11:00 a.m.
<b>May 6</b>	<b>CCIW Championships</b>	<b>HOME</b>	<b>11:00 a.m.</b>
<b>May 7</b>	<b>CCIW Championships</b>	<b>HOME</b>	<b>11:00 a.m.</b>
May 13	Dr. Keeler Invitational	Naperville, Illinois	4:00 p.m.
<b>May 20</b>	<b>Twilight Qualifier</b>	<b>HOME</b>	<b>Noon</b>
May 26-28	NCAA Championships	Delaware, Ohio	TBA

**ILLINOIS COLLEGIATE CONFERENCE CHAMPIONS:** 1945

**COLLEGE CONFERENCE OF ILLINOIS & WISCONSIN CHAMPIONS:** 1964 - 1965 - 1967 - 1968 - 1969 - 1970 - 1972 - 1973 - 1974 - 1980 - 1981 - 1982 - 1983 - 1984 - 2008 - 2010

**NCAA DIVISION III TOP TEN FINISHES:** 1974 - 6th; 1975 - 2nd; 1980 - 4th; 1981 - 2nd; 1982 - 10th; 1984 - 10th; 1992 - 7th; 1993 - 9th; 1994 - 8th; 1995 - 6th indoors & 5th outdoors; 1996 - 10th indoors & 4th outdoors; 1997 - 10th indoors; 1998 - 6th indoors; 2007 - 8th outdoors