# Augustana College Meet of Champions Saturday April 17, 2010 Ericson Stadium, Paul V. Olsen Track, Rock Island, Illinois

Meet Director: Paul Olsen 309-794-7257 PaulOlsen@augustana.edu

#### **Teams:**

Augustana, Carthage, Loras, Luther, Monmouth, St. Ambrose, UW Platteville, UW Oshkosh, UW Stevens Point, UW Whitewater

This meet is by invitation only.

**Eligibility:** The Augustana Meet of Champions is an all-men's track & field meet. Augustana hosts the Women's Augie Invite on Saturday, April 17 at the conclusion of the men's meet Unlimited entries. NCAA Rules. Field events: Trials with 9 to the finals

Awards:T-Shirts to all event championsScoring:10-8-7-6-5-4-3-2-1Entry fees:\$175.00 Per Men's Team

On line registration only at <u>www.PTTiming.com</u> ENTRIES ARE DUE Thursday April 15, 2010 by noon

# **SCHEDULE OF EVENTS:**

## **Decathlon Friday, April 16**

4:10 p.m. 100 Meters
4:55 p.m. Long Jump
½ hour after LJ Shot
½ hour after shot High Jump
½ hour after HJ 400 Meters
(Note 10K will be run on Friday evening) (Women at 7:30 p.m.)
9:00 p.m. 10,000 Meters (will not go before 9:00 p.m. but could be delayed based on Multi completion)

## **Decathlon Saturday, April 17**

10:00 a.m.110 Meter Hurdles10:45 a.m.Discus½ hour after DiscusPole Vault½ hour after PVJavelin½ hour after Jav1500 Meters

# AUGUSTANA MEET OF CHAMPIONS 2010 SCHEDULE OF EVENTS: SATURDAY APRIL 17 (page 2 of 2)

# **Throwing Events – West Field**

10:00 a.m.	Hammer	
12:00 p.m.	Javelin	
12:00 p.m.	Shot	
2:00 p.m.	Discus	(2 rings) (Seeded)

## Jumping Events – Ericson Stadium

12:00 p.m.	High Jump
12:00 p.m.	Long Jump (2 pits) (Seeded)
Follows LJ	Triple Jump (2 pits) (Seeded)
2:00 p.m.	Pole Vault (2 pits) (Seeded)

## **Running Events**

Note: 10,000 runs on Friday at 9:00 p.m.

#### Fast heats will run last.

12:05 p.m.	5,000 Meters (Slow heat)(If needed)	
12:30 p.m.	<b>110 Meter Hurdle Trials</b>	
12:45 p.m.	100 Meter Trials	
1:00 p.m.	3,000 Meter Steeplechase	
1:15 p.m.	4 x 100 Meter Relay	
1:25 p.m.	1500 Meters	
1:45 p.m.	110 Meter Hurdle Finals	
1:55 p.m.	400 Meters	
2:10 p.m.	100 Meter Finals	
2:20 p.m.	800 Meters	
2:35 p.m.	400 Meter Hurdles	
$2.50\mathrm{n}\mathrm{m}$	200 Motors	

- 2:50 p.m. 200 Meters
- 3:05 p.m. 5,000 Meters
- **3:25 p.m. 1500 Decathlon (estimate 30 minutes after Javelin completes)**
- **3:30 p.m. 4 x 800 Meter Relay**
- **3:45 p.m. 4 x 400 Meter Relay**

# Augustana College